# Accident and Emergency Care Technology

# Syllabus for B.Sc courses

Allied health courses offered by The Tamilnadu Dr.M.G.R. Medical - University

#### Overview

	Year	Semester	Subjects
			English
		Hospitals & patients: Orientation	
		1	Computers
	1		Introduction to EM
			Emergency Medical Services (EMS)-
			Anatomy
		2	Physiology
			Biochemistry
			Pathology
		1	Microbiology
D. C -			Pharmacology
B.Sc	2		Clinical medicine
		2	Triage and general emergencies
		2	Life support & resuscitation
			Trauma care
			Cardiovascular emergencies
			Respiratory emergencies
			Neurological emergencies
		1	Nephro/Urology emergencies
	3		Gastro-intestinal emergencies
			Obstetric and Gynaecological emergencies
			Mental health emergencies
			Environmental emergencies
		2	Project/ Electives/revision

### 1st Year

#### Section-1 (months: 1-3)

#### English

#### • Communication:-

- o Role of communication
- o Defining Communication
- o Classification of communication
- o Purpose of communication
- o Major difficulties in communication
- o Barriers to communication
- o Characteristics of successful communication The seven Cs
- o Communication at the work place
- o Human needs and communication "Mind mapping"
- o Information communication

#### Comprehension passage:-

- Reading purposefully
- o Understanding what is read
- Drawing conclusion
- o Finding and analysis

#### Explaining:-

- o How to explain clearly
- Defining and giving reasons
- o Explaining differences
- Explaining procedures
- o Giving directions

#### • Writing business letters:-

- How to construct correctly
- o Formal language
- o Address
- o Salutation
- o Body
- o Conclusion

#### • Report writing:-

- o Reporting an accident
- o Reporting what happened at a session
- Reporting what happened at a meeting

#### Section-2 (months 1-3)

#### Hospitals & patients: Orientation

#### Hospitals

- History
- Classification
- Organisation & structure
- Doorway to the hospital Emergency department
- Departments & Teams
- Paramedical Staff
- Ancillary departments
  - o Lab
  - o Pharmacy
  - o Imaging
  - o Physio/speech/

- Patient support services
- o Admin/Billing
- Medical insurance
- o Patient transport
- o Dietary
- o Social services
- Health information management
  - o Medical terminology
  - o Medical records
  - o Electronic Medical Records
  - o Medico-legal issues

#### Section-3 (month: 4)

#### Computers

- Hardware
  - o CPU
  - o I/O devices
  - o Memory
- Software
  - Operating systems
  - o Applications
  - Word processing
  - Presentations
- Internet
  - o E-mail
  - Search engines
  - o Uploading/downloading files
  - Cloud computing
  - o Educational sites

#### Section-4 (month-4-5)

- Introduction to EM
  - o History of Emergency Medicine
  - o Understanding Emergency Medicine (the specialty, Its pros & cons)
  - o Training in Emergency Medicine
- Emergency Medical Services (EMS)-history and current trends
  - o History
  - o Pre-hospital transport
  - o Roles & responsibilities
  - o Legal issues
  - o Moving patients
  - o Principles of life support

#### Anatomy (Month-7)

- Basic Anatomical terminology
  - o The human body
  - o Skeleton
  - o Brain
  - Head and neck
  - o Limbs
  - o Thorax
  - o Abdomen

#### Physiology (Month-8-9)

- The Cell:
  - o Cell Structure and functions of the varies organelles.
  - Endocytosis and exocytosis
- The Blood:
  - o Composition of Blood
  - o functions of the blood and plasma proteins, classification and protein.
  - o Pathological and Physiological variation of the RBC.
  - o Function of Hemoglobin
  - o Erythrocyte Sedimentation Rate.
  - o Detailed description about WBC-Total count (TC), Diffierential count (DC) and functions.
  - o Platelets formation and normal level and functions
  - o Blood groups and Rh factor

#### **Biochemistry (Month-10)**

- Carbohydrates--Glucose and Glycogen Metabolism
- Proteins:-Classification of proteins and functions
- Lipids:-Classification of lipids and functions
- Enzymes:
  - o Definition Nomenclature Classification Factors affecting enzyme activity
  - o Active site Coenzyme Enzyme Inhibition Units of enzyme -
  - o Isoeznzymes Enzyme pattern in diseases.
- Vitamins & Minerals:
  - o Fat soluble vitamins(A,D,E,K) Water soluble vitamins B-complex
  - o vitamins- principal elements (Calcium, Phosphorus, Magnesium, Sodium,
  - o Potassium, Chlorine and sulphur)- Trace elements Calorific value of foods –
  - Basal metabolic rate(BMR) respiratory quotient(RQ) Specific dynamicaction(SDA)
  - Balanced diet Marasmus Kwasoirkar

## 2<sup>nd</sup> Year

#### Pathology (Month 1-3)

- Cell
  - o Cellular adaptation, Cell injury & cell death.
  - Overview: Cellular response to stress and noxious stimuli.
  - o Cellular adaptations of growth and differentiation.
  - o Overview of cell injury and cell death.
  - o Causes of cell injury.
  - Mechanisms of cell injury.
  - o Reversible and irreversible cell injury.
  - o Examples of cell injury and necrosis
- Inflammation.
  - o General features of inflammation
  - o Historical highlights
  - o Acute inflammation
  - o Chemical mediators of inflammation
  - o Outcomes of acute inflammation
  - o Morphologic patterns of acute inflammation
  - o Summary of acute inflammation
  - o Chronic inflammation
- Immunity disorders.
  - o General features of the immune system
  - Disorders of the immune system
- Neoplasia.
  - o Definitions
  - o Nomenclature
  - o Biology of tumor growth benign and malignant neoplasms
  - o Epidemiology
  - o Carcinogenic agents and their cellular interactions
  - o Clinical features of tumors

#### Microbiology (Month-4)

- · Morphology and physiology of bacteria
- Sterilization and disinfection
- Culture media and methods
- Bacterial taxonomy
- General properties of viruses
- AIDS
- Normal microbial flora of human body
- Immnophrophylaxis

#### Pharmacology (Month-4)

- Introduction and Sources of drugs
- Route of admin
- Pharmacokinetics
- Adverse drug reactions

#### Clinical medicine (Month 5-6)

- Public health
  - o Importance of Community Medicine
  - o Modes of Transmission of Diseases
  - o Principles of Prevention & Control of Diseases
  - o Hospital infections, disinfection, disinfestation and sterilisation
  - o Disposal of Hospital wastes
  - o Important Communicable diseases (various systems)
  - o Health education
- Individual Patient care
  - o The Art of History taking
  - o Physical examination (GPE & different systems)
  - o The Unconscious patient
  - o Diagnosis of Brain death
  - o Case presentation
- Nursing –principles
  - o Introduction to Nursing health & Health care system
  - o Nurse patient relationship
  - o Good Housekeeping/Hygiene needs
  - o Vital signs
  - o First aid & Nursing emergencies

2 <sup>nd</sup> Year						
System	Topics	Anatom y	Physiology/Bioc hem	pharm	Skills	equipment
Triage and general emergenci es	Triage Hospital infection	Human body	Auscultatory areas Heart sounds. Arterial pressures, blood pressure		Triage Measuri ng BP	BP apparatus Pulse oximeter Thermome ter
	Shock/ Dehydration					MPM monitor
	Hypoglycemia/hypergly		Glucose and	Insulin	IV	Glucomete
	cemia		Glycogen	ОНА	access	r
			Metabolism	dextro		
				se		
	Anaphylaxis/Allergy		Type IV			
			hypersensitivity			
Life support & resuscitati on	Adult Basic life support Pediatric Basic Life Support Special resuscitation situations Safety during CPR training and actual rescue Risk factors and prudent heart living		Cardiopulmonary function & actions for survival			
Trauma care	Extremity trauma Head trauma & spine injury Chest trauma Abdominal trauma	Osteolo gy	Metabolic response to trauma		ATLS Transpo rt	Cervical collar Spine board

3 <sup>rd</sup> Year						
System	Topics	Anatomy	Physiology/Bioche m	phar m	Skills	Equipme nt
Cardiovascula r emergencies	ACS Heart failure Dysrhythmia s Hypertensive crisis	Heart – Surface anatomy of heart, chambers of the heart, valves of the heart, major	Cardio-Vascular System: Physiology of the heart Cardiac cycle, Cardiac output. Hypertension		ECG ACLS	ECG

		blood vessels of heart, pericardiu m, coronary arteries.			
Respiratory emergencies	Asthma /COPD Pneumonia Pneumothor ax and tension Respiratory failure	Thorax – Intercostal space, pleura, bony thoracic cage, ribs sternum & thoracic vertebrae Lungs – Trachea, bronchial tree	Respiratory system: (i) Respiratory movements. (ii) Definitions and Normal values of Lung volumes and Lung capacities.	Nebulisation Airway	Spiromet er O2 delivery syst
Neurological emergencies	Seizure Stroke	Brain & spinal cord	Central Nervous system: (i) Functions of CSF	GCS	
Nephro/Urolo	Acute renal	Excretory	Excretory system:	Urinary	
gy emergencies	failure	sytem –	(Normal Urinary	catheterisatio	
	Acute	Kidneys,	output	n	
	retention of	ureters,	Micturation		
	urine	bladder	(iii) Renal function		
	Renal		tests, renal		
	colic/testicula		disorders		
	r pain				

System	Topics	Anato	Physiology/Bioch	pharm	Skills	Equipme
		my	em			nt
Gastro- intestinal emergencies	acute abdomen Gastroenteritis	GIT Solid organs Hollow viscus	Digestive system (for the students of Diploma in Scope Support Technology) (i) Physiological Anatomy of the GIT. (ii) Food Digestion in the mouth, stomach, intestine (iii) Absorption of foods (iv) Role of bile in the digestion		ICD	ICD

Obstetric and Gynaecologi cal emergencies	Managing labour Ectopic	Genito- urinary system	Reproductive system: (i) Formation of semen and spermatogenesis . (ii) Brief account of menstrual cycle.			
Mental health emergencies	Aggressive patient Suicide Deliberate self-harm					
Environment al emergencies	Hyperthermia/heatstr oke Burns/electric shock poisoning		Metabolic response to injury	charco al	Nasogastr ic intubation	

# EXAMINATION PATTERN FOR Diploma A & E Tech FIRST YEAR:

Sl.	Subject Title	I	A	Unive Exa	٠
110.		Max	Min	Max	Min
1.	Anatomy, Physiology, Biochemistry	50	25	100	50
2.	Hospital orientation, management, and computers	50	25	100	50
3.	English	50	25	100	50
4.	Emergency medicine (EM) and EMS	50	25	100	50

<u>First</u>	Subjects	Max	Min			
<u>Year</u>						
Paper I	Anatomy, Physiology, Biochemistry	100	50			
Paper II	Hospital orientation, management, and	100	50			
	computers					
Paper III	English	100	50			
Paper IV	Emergency medicine (EM) and EMS	100	50			
	Internal Assessment (IA)	100	50			
Failure to a	chieve 50% in any one paper will result in	fail in the	ory exam)			
IA marks should be 50% or above to be eligible to write the exam						
Internal assessment marks: Theory test -20; practicals-20;						
projects/logbook-10						
No practica	No practical exam in 1 <sup>st</sup> year					

#### **SECOND YEAR:**

Sl.	Subject Title I A		1	University Exam		Practical		Viva Voce	
NO.		Max	Min	Max	Min	Max	Min	Max	Min
1.	Pathology, Microbiology, Pharmacology	50	25	100	50				
2.	Patient examination, nursing	50	25	100	50				
3.	Emergency medicine (EM) and EMS Practical exam on Patient Examination, Nursing, Triage, Life Support, Trauma care	50	25	100	50	50	25	50	25

Second year	Subjects	Max	Min
Paper I	Pathology, Microbiology, Pharmacology	100	50
Paper II	Patient examination, nursing	100	50
Paper III	Emergency medicine (EM) and EMS	100	50
	Practical exam on Patient examination, nursing, Triage, Life	100	50
	support, Trauma care		

#### EXAMINATION QUESTION PAPER PATTERN

Essay	$3 \times 10 = 30 \text{ Marks}$
Short Notes	$10 \times 5 = 50 \text{ Marks}$
Short Answers	10 x 2 = 20 Marks
Total	100 Marks

#### **Textbooks**

Contemporary Communicative English for Technical Communication

Board of Editors ISBN: 8131755908 ISBN-13: 9788131755907

Language: English

Publisher: Pearson Education

An Introduction to Clinical Emergency Medicine Guide for Practitioners in the Emergency Department View All Contributors Paperback

ISBN: 9780521542593 DOI: 10.2277/0521542596

Hospitals: What They Are and How They Work, Fourth Edition

Author(s): Donald J. Griffin, MBA, MS, MS, JD, FACHE, Assistant Professor, School of Health

Administration, Texas State University, San Marcos, Texas

Details: ISBN-13: 9780763791094,

Paperback 438 pages © 2012

Computers in Medicine

Lele, R D

ISBN: 0070585350 ISBN-13: 9780070585355

Publisher: McGraw-Hill Education (India) Pvt Ltd

Community medicine by Park

Fundamentals Of Nursing: The Art And Science Of Nursing Care (fundamentals Of Nursing)

Carol Taylor, Carol Lillis, Priscilla LeMone, Pamela Lynn

ISBN: 0781781574

ISBN-13: 9780781781572

Publisher: Lippincott Williams & Wilkins,

The Basic Emt (2003 Edition) - Hardcover Version: Comprehensive Prehospital Care (basic Emt)

Norman E. McSwain ISBN: 0323022561 ISBN-13: 9780323022569

Publisher: Mosby

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