



## PSG Hospitals Successfully Completes

# 60 Robotic surgeries in 6 months



Robot assisted surgeries are the pinnacle of minimal invasive surgical techniques. The surgical robot adds precision to the surgery thereby increasing the quality and accuracy of surgery. Robotic surgery provides immense benefits to the patients like smaller or invisible scars (no scars), less blood loss, less hospital stay, earlier return to normal activity, better function, earlier completion of treatment, etc.

These benefits are especially seen in cancer surgeries, complex bowel surgeries, gynecological (uterus) surgeries, lung surgeries, pediatric surgeries (surgeries for children) and urological surgeries.

There are multiple robotic surgery systems available in the market. The **da Vinci** Robot (Intuitive Surgical) has been the surgeries leader in robotic for the past 15 years. PSG Super specialty hospital was the first hospital in Coimbatore to get the latest fourth generation **da Vinci X** Robot which is technologically superior to the previous generation robots.

Since the start of the PSG multispecialty Robotic surgery programme in July 2022, the team has completed more than 60 robotic surgeries in within six months period. This is a big achievement for any hospital in Coimbatore region. The multispecialty team includes Dr. K.S.Rajkumar (Cancer Surgeon), Dr. K. Balu (GI Surgeon), Dr. Paavai Arunachalam (Pediatric Surgeon), Dr. Devi (Gynecologist), dedicated specialist Anesthesia team and dedicated robotic operation Theater staff. The patients of all ages from a 4 month old baby to an 82 years old lady have benefited from PSG's Robotic surgery programme.

The success of the high quality and affordable Robotic surgery programme at PSG Hospitals is due to the unwavering support from PSG & Sons Charities and the constant encouragement from Dr. J. S. Bhuvaneshwaran, Director PSG SSH, Dr. T. Balaji, Director, PSG Oncology and the PSG Hospitals administration.

### **PATRONS**

Dr. J.S.Bhuvaneshwaran

Dr. T.M.Subba Rao

### **Editorial Board:**

Dr. Vimal Kumar Govindan

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**"Aging Gracefully"** conducted on 17<sup>th</sup> December 2022  
at Gujans Paripalana, Phase 2, Near Vadavalli - by Director Dr. J.S.Bhuvaneshwaran





## Palakkad IMA, CME program 150 Doctors participated



IMA-PALAKKAD



PSG HOSPITALS, COIMBATORE in association with  
IMA - Palakkad

"Role of Robotic Surgery in Oncology"



**Dr K.S.Rajkumar**  
MCh., FRCSEd., FACS  
Professor of Surgical Oncology & Robotic Surgeon

Speaker

"Losing the breast is NOT an option -  
SAVE THE BREAST with BCS"



**Dr R Arulmurugan**  
MS., MCh  
Surgical Oncologist & Oncoplastic Surgeon

Speaker

IMA hall, Palakkad





**Corporate Health Camp**  
Conducted at Tata Coffee Estate, Valparai, on 18<sup>th</sup> December 2022





## POLICE COMMISSIONER VISITED PSG SANTHAM PALLIATIVE CARE

On 30 December 2022, V. Balakrishnan IPS, Commissioner of Police Coimbatore, visited the PSG Santham Palliative Care and saluted the End of Life Care initiative. He appreciated the world-class medical environment and the compassionate doctors in serving the patients with empathy.

In his footnote, the police commissioner mentioned, "End-of-life care is an eye opener to me on many counts. They are instrumental in ensuring peaceful life for the cancer patients." The Commission of police was accompanied by L. Gopalakrishnan, Managing Trustee, PSG & Sons' Charities and Dr. T. Balaji, Director, Department of Oncology, PSG hospitals.



## INTRODUCTION OF NEW WEIGHT LOSS PROGRAM, SWALLOWABLE GASTRIC BALLOON

Weight-loss by relying on just exercise or diet alone can be difficult. With Swallowable Gastric Balloon, you are not alone.

Beyond with Balloon, here is the holistic program is powered by access to the app, health tracker, and a connected scale, for you to track your daily progress.

### What's more than that?

There is assistance from a team of doctors and nutritionists to provide constant support throughout your journey.

With 2023 comes a fresh start. Get encouraged & initiate the change!

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Department of Obesity & Metabolic Surgery  
**PSG HOSPITALS**  
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Welfaremedu, Coimbatore : 641 004. Phone : 0422 - 4345353, 2570-170. www.psghospitals.com



## WORLD AIDS DAY

Each year, on 1 December, the world commemorates World AIDS Day. The Commemoration of the World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to raise funds for AIDS prevention and treatment, increase awareness, fight prejudice and

improve education. In order to bring awareness, PSG students delivered a lecture among the public and made them aware on HIV/AIDS issues. PSG students also went to the camp along with the pamphlets and placards to make awareness on AIDS prevention.





## PSG Staff Day Sports - 2022

As a part of Health and Fitness, the staff members enthusiastically participated in the following Zonal Level Sports Event



Volleyball - 14<sup>th</sup> & 15<sup>th</sup> December 2022



Badminton - 10<sup>th</sup> December 2022



Carrom Board - 13<sup>th</sup> December 2022



இன்சுவை...இயற்கை சுவை (Dude it's healthy!)



'You are what you eat' makes real sense in case of non-communicable diseases like diabetes, hypertension, obesity, bronchial asthma, etc., Making mindful and healthy decisions about food is one of the crucial factor among lifestyle modifications in lowering the risk of chronic diseases.

Availability of healthy food options at the workplace or in a hospital is absolutely necessary to bring a major change in one's physical as well as mental health. Keeping this in mind, Dr.J.S.Bhuvaneshwaran, Director - PSG SSH has initiated the concept of having a healthy food counter inside the PSG Hospital & College premises. Dr.Subhashini Sankarganesh (Naturopathy & Yoga Dept) and the Dietary Dept team has curated a healthy food menu. On the occasion of 5<sup>th</sup> National

Naturopathy Day, Nov 18<sup>th</sup>, '22 , இன்சுவை...இயற்கை சுவை was inaugurated by Dr.Srividhya Director - PSG IM in the presence of Dr.J.S.Bhuvaneshwaran Director

The uniqueness of this vegetarian healthy food counter is bountiful - wholesome, traditional, natural and healthy. Here, food is prepared with fresh, natural ingredients. Refined food items like maida, rava & white sugar, artificial colouring agents, artificial flavouring agents are a big no - no here. Few of the food items like sprouted groundnut vegetable salad, uzhunda kanji, chola paniyaram, coconut carrot shake, sukuti charu are hit here. "Be the change you wish to see in the world" - Mahatma Gandhiji. As per this quote, PSG Hospitals is the pioneer in bringing that healthy change.

- **Dr. SUBHASHINI SANKARGANESH,**  
Sr.Naturopathy & Yoga Physician



**PSG Hospitals**

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