

# *PSG Hospitals* **Saved a life** *with a* **Heart Transplant,**

*Transporting the Heart*

**Just**

**02:45**

**Hours**

**Minutes!**

**from Madurai to Coimbatore**

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## PSG HOSPITALS REACHES NEW HEIGHTS IN ORGAN TRANSPLANTATION: *A Landmark Heart Transplant*



**Dr. PRADEEP G**

Consultant, Department of  
Cardiothoracic & Vascular Surgery

PSG Hospitals has once again demonstrated its expertise and leadership in organ transplantation with a groundbreaking heart transplant that saved the life of a critically ill patient. The transplant was completed with remarkable precision and efficiency, underscoring the hospital's commitment to pushing the boundaries of medical care. The team headed by Dr. Pradeep G, an acclaimed cardiothoracic surgeon, performed the life-saving surgery in record time, marking another milestone for PSG Hospitals.

The transplant involved the transfer of a heart from a brain-dead patient at Velammal Hospital in Madurai to a patient in PSG Hospitals, Coimbatore. The entire procedure, from heart retrieval to transplant, was completed in just 2 hours and 45 minutes. The patient, who had been battling life-threatening heart failure for over a month, was on ECMO (Extracorporeal Membrane Oxygenation) support, which served as a lifeline while awaiting the transplant.

The journey began at 10:30 a.m., when the heart was retrieved from the donor in Madurai. It was transported via ambulance through Dindigul and Tiruppur districts, reaching PSG Hospitals

by 1:15 p.m. Local law enforcement played a crucial role, ensuring seamless traffic management in key areas like Dharapuram, Kundadam, Palladam, and Karanampettai, allowing for swift transport.

PSG Hospitals' expert cardiothoracic team performed the complex heart transplant surgery. The patient, kept alive by ECMO while awaiting the procedure, received the new heart successfully. "This patient's heart had completely failed, and ECMO was their only option for survival. Thanks to the swift response and the team's expertise, the transplant was successful, and the patient is showing positive signs of recovery," remarked by operating team.

This achievement reflects PSG Hospitals' unwavering dedication to healthcare innovation, underpinned by cutting-edge facilities and a highly skilled medical team. Known for its excellence in Heart transplantation, PSG Hospitals continues to set new standards in the medical field, giving hope to patients and their families through advanced procedures and outstanding care.



The success of this complex heart transplant highlights PSG Hospitals' mission to deliver world-class healthcare, saving lives with precision, innovation, and commitment. As the hospital continues to reach new heights, it reaffirms its position as a leader in organ transplantation, consistently delivering excellence in medical care.

## PSG HOSPITALS INAUGURATES COSMETIC & RECONSTRUCTIVE GYNECOLOGY CLINIC: *Where Beauty and Wellness Unite*

PSG Hospitals is proud to announce the inauguration of its new Cosmetic & Reconstructive Gynecology Clinic (CRG), a cutting-edge facility designed to offer comprehensive services that integrate aesthetic and functional care for women. This state-of-the-art clinic provides specialized treatments in cosmetic gynecology, reconstructive procedures, and personalized women's rehabilitation services, all aimed at enhancing both health and confidence.

The grand inauguration was held on March 2, 2025, at the PSG Super Specialty Hospital, attended by esteemed guests and healthcare professionals. The event was graced by Dr. Deepthi Jammi, Consultant Obstetrician and Gynecologist, who is renowned for her expertise and is also a YouTube celebrity offering valuable insights into women's health. Mrs. J. Swarnalatha, a President Awardee from the Swarga Foundation, served as the Guest of Honour, further highlighting the significance of the occasion.

As part of the launch, Dr. T.V. Chitra, Senior Consultant Obstetrician & Gynecologist, shared insights into the concept of the CRG Clinic and its potential to transform women's health care. The clinic offers a wide array of services, ranging from minimally invasive procedures to non-surgical solutions, focusing on both cosmetic and reconstructive needs.

Additionally, the Sukanya Women's Rehabilitation Centre was inaugurated, aimed at empowering women with comprehensive rehabilitation services, focusing on post-surgery care, physiotherapy, and wellness therapies. Dr. V. Ramamoorthy, Head of the Department of Physical Medicine & Rehabilitation (PMR), elaborated on the vision



behind Sukanya and the holistic approach to recovery it promotes.

The event culminated with a panel discussion on women's health and rehabilitation, moderated by Dr. Seetha Panicker, a noted Gynaecologist, engaging the audience with discussions on how aesthetic and reconstructive gynecology can profoundly impact the quality of life for women across all ages.

This initiative by PSG Hospitals reaffirms their commitment to providing holistic, world-class healthcare to women, blending expertise,



## SURAKSHA NURSING CARE FACILITY, EDAYARPALAYAM:

*Three Months of Excellence in Rehabilitation*



**Dr. RAJITH R**

Consultant,  
Department of Home Health Service

Suraksha Nursing Care Facility at Edayarpalayam has reached a significant milestone—successfully rehabilitating over fifty patients within just three months of its establishment. Our dedicated team has provided exceptional care to patients recovering from stroke, surgeries, and post-hospitalization conditions, ensuring a smooth transition back to their homes.

### Excellence in Transitional Care:

At Suraksha, we understand that recovery doesn't end with hospital discharge. Many patients require continued medical attention, physiotherapy, and rehabilitation support to regain their independence. Over the past three months, our facility has been instrumental in offering:

- **Post-Stroke Rehabilitation:** Helping patients regain mobility and function through structured therapy and nursing care.

**Post-Surgical Care:** Assisting patients in

- recovery after major surgeries, ensuring wound care, pain management, and early mobilization.

- **Elderly Post-Hospitalization Support:** Providing specialized care to senior citizens, helping them regain strength and confidence before returning home.

### Positive Feedback and Encouraging Results:

The overwhelming positive feedback from our patients and their families has been truly motivating. Many have expressed their gratitude for the compassionate care, structured rehabilitation, and support they received during their stay. Seeing patients recover and successfully transition back home is the greatest reward for our team.

### Commitment to Quality Care:

Our goal is to continue offering the best post-hospitalization care, helping patients recover quickly and comfortably. With a dedicated team of healthcare professionals, we are committed to expanding our services and ensuring that every patient receives personalized and effective care.

As we move forward, we remain focused on excellence, compassion, and innovation in rehabilitation care. Suraksha Nursing Care Facility will continue to be a trusted name for those seeking high-quality transitional care in Edayarpalayam.

### For more information:

Feel free to contact us: +91-99943 89987,  
+91-99943 69980.

Email : [suraksha@psgimsr.ac.in](mailto:suraksha@psgimsr.ac.in)

Address : Suraksha Nursing Facility, 3 Nehru Nagar, Koundampalayam Road, Edayarpalayam, Coimbatore.

**We are here to support your recovery journey!**

## SUCCESSFUL MANAGEMENT OF A LARGE HEPATIC CYST THROUGH LEFT HEPATECTOMY

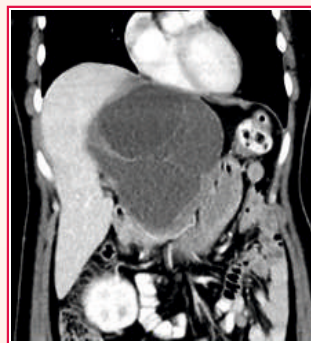
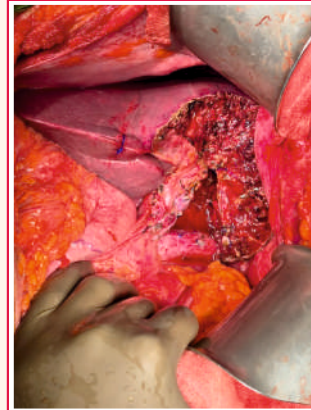


**Dr. KIRUBAKARAN K R**  
Senior Consultant - Department of  
Hepato-Pancreato-Biliary Surgery &  
Liver Transplant

A 42-year-old female patient presented with complaints of abdominal pain, early satiety, and a sense of fullness. Upon clinical evaluation, imaging studies revealed a large cystic lesion almost replacing the left lobe of the liver. A CT scan further confirmed the presence of a 14 x 11 cm cystic lesion that was compressing and abutting major vascular structures. Given the significant size of the lesion and its potential impact on surrounding organs, a multidisciplinary approach was adopted to determine the best course of treatment.

Differential diagnoses, including other cystic hepatic lesions such as simple hepatic cysts, biliary cystadenoma, and hydatid cysts, were carefully considered and systematically ruled out. Due to the lesion's size and its effect on vascular structures, surgical intervention was deemed necessary.

The patient underwent an open left hepatectomy, successfully removing the entire large hepatic cyst. The surgical procedure was performed meticulously, ensuring complete excision while preserving liver function and minimizing risks.



### Postoperative Period & Management:

The immediate post-operative period was complicated by a bile leak, a known risk associated with liver resections. However, the complication was effectively managed using endoscopic stenting, which facilitated proper bile drainage and promoted healing. The patient was closely monitored, and supportive care was provided to ensure a smooth recovery.

This case highlights the importance of early diagnosis, accurate imaging, and a well-planned surgical approach in managing large hepatic cysts. The successful removal of the cyst and the effective handling of post-operative complications underscore the expertise and comprehensive care provided by the surgical team.

The patient has since made a steady recovery and is under regular follow-up to monitor liver function and ensure optimal health outcomes.

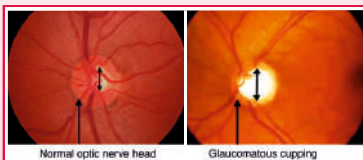
## GLAUCOMA: *The Silent Thief of Sight*



**Dr. DIVYA .K**  
Consultant,  
Department of Ophthalmology

Glaucoma is a leading cause of irreversible blindness worldwide. The disease affects millions of people, yet many remain unaware of its presence until significant vision loss occurs. Often called the "silent thief of sight," glaucoma develops gradually, usually without pain or early symptoms, making regular eye check-ups essential for early detection.

Glaucoma is a group of eye diseases that damage the optic nerve, typically due to increased intraocular pressure (IOP). It can affect anyone, but risk factors include being over 40, a family history of glaucoma, diabetes, hypertension, prolonged steroid use, or previous eye injuries. Without treatment, lead to glaucoma can permanent blindness.



According to the World Health Organization (WHO), glaucoma is the second leading cause of blindness globally.

The most common form, primary open-angle glaucoma, develops slowly, causing gradual peripheral vision loss. By the time symptoms are noticeable, the disease is often in an advanced stage.

Angle-closure glaucoma can occur suddenly, causing severe eye pain, blurred vision, and headaches. This is a medical emergency requiring immediate treatment.

The key to preventing vision loss from glaucoma is early diagnosis.

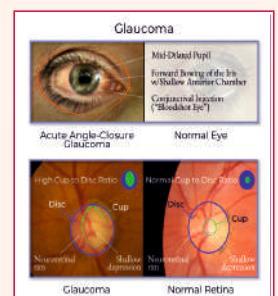
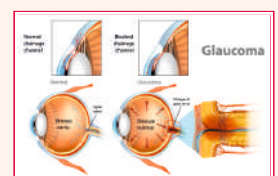
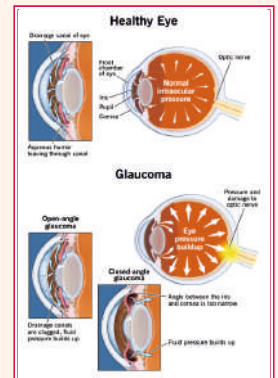
Comprehensive eye exams, including intraocular pressure checks and optic nerve assessments, can detect glaucoma before symptoms appear. Advanced imaging techniques, such as Optical Coherence Tomography (OCT), provide detailed analysis for early intervention.

Treatment options include. Eye drops to lower eye pressure, Laser therapy to improve fluid drainage and Surgery for advanced cases

While glaucoma has no cure, treatment can slow or prevent further vision loss.

Public awareness campaigns and community outreach programs play a crucial role in educating people about glaucoma and the need for routine check-ups.

Glaucoma may be silent, but if detected early, vision loss can be prevented.





## RARE DISEASE DAY: A Call for Awareness and Support



**Dr. HEMALATHA**

Consultant,  
Department of Genetics

Every year on February 28th, the world unites to observe Rare Disease Day, a movement dedicated to raising awareness about the struggles faced by individuals living with rare diseases. With over 6,000 identified rare diseases, millions of people across the globe battle these conditions, often facing delayed diagnosis, lack of treatment options, and limited medical research.

### Understanding Rare Diseases:

Rare diseases are conditions that affect a small percentage of the population, but their impact is profound. Many of these diseases are genetic, appear early in life, and can result in severe disabilities or life-threatening complications. In many cases, the lack of awareness and research funding leaves patients and their families without proper medical guidance and support.

### The Importance of Genetic Research & Early Diagnosis:

Advancements in genetic testing and diagnosis have brought hope to many. Early detection can lead to better disease management, improved quality of life, and in some cases, lifesaving treatments. However, the journey is far from



over. More investment in medical research, healthcare policies, and patient support is crucial to ensuring no one is left behind.

### How Can We Make a Difference?



01. Spreading Awareness – Educating people about rare diseases and their impact.
02. Supporting Research & Innovation – Encouraging scientific advancements for better treatments.
03. Advocating for Patients – Ensuring access to healthcare, financial aid, and medical support.
04. Embracing Inclusivity – Recognizing and uplifting the voices of individuals with rare diseases.

At PSG Hospitals, we stand in solidarity with rare disease warriors, offering care, support, and hope. By working together, we can illuminate the path for those living in the shadows of medical uncertainty. Let's join hands to prevent, support, and fight against rare diseases!

## EVENT HIGHLIGHTS:


### Women's Wellness Package Launch:

Date : **March 08, 2025**

Event : **Women's Wellness Package Launch**

Venue: **PSG - IMSR Auditorium**

PSG Hospitals celebrated Women's Day by launching the **Women's Wellness Pack for ₹2999/-**, under the Master Health Checkup.



**Celebrate Women's Day with Health & Happiness, Every Day of the Year!**

**Women's Wellness Pack - ₹2999/-**

**DISCOUNT 20%**

- Mammogram
- Vitamin-D
- DEXA Scan
- USG Abdomen & Pelvis

Vitals (Height, Weight & BMI)  
CBC | TSH | Blood Glucose - Fasting, Postprandial | Urine Complete | ECG | Creatinine | PAP Smear | Chest X-Ray PA | Lipid Profile | HbA1C | Liver Function Test | Doctor Consultation

For Appointments : 8220 013 330 / 9600 666 875

### Dementia Awareness Program Health Talk:

Date : **March 14, 2025**

Event : **Dementia**

**Awareness Program Health Talk**

Venue: **Nishanthm Home, Old Age Home, Cheran Ma Nagar, Coimbatore.**



A compassionate session addressing dementia awareness was organized for the elderly residents.

The talk focused on early signs, prevention strategies, and the importance of community support.

### PSG MEDTalks:

Date : **March 15, 2025**

Event : **PSG MEDTalks - CME Program**

Venue: **A-Block Seminar Hall (3rd Floor), PSG Hospitals.**

The PSG MEDTalks session on “Healing the Healers” featured insightful talks by Dr. Pradeep P and Dr. G. Raghuthaman on burnout and mental well-being.

Moderated by Dr. Anand I, the session was interactive and impactful.



### CME Program:

Date : **March 19, 2025**

Event : **CME Program**

Venue: **IMA Hall, Coimbatore.**



A session on Reconstructive Surgical Techniques in Gynaecology

Gynaecology was successfully held. Experts shared insights on the latest advancements and best practices. Medical professionals gained valuable knowledge to enhance patient care. - send in this format