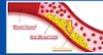


For Whom? Anyone with :-

High blood pressure



High cholesterol



Family history of heart disease



Overweight or obesity



..... Pre-diabetes or diabetes



..... Smokers and tobacco chewers



..... Past history of Pregnancy Induced hypertension



..... Sedentary lifestyle

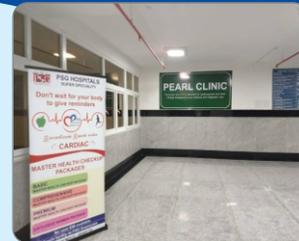
Why @ PSG?

- ❖ Multidisciplinary team
- ❖ Holistic approach
- ❖ Robust assessment
- ❖ Personalized care and follow up

Introducing for the first time a comprehensive package which includes



- ❖ CT Coronary Calcium
- ❖ ABI Measurement
- ❖ CIMT Test
- ❖ Pulse Wave Velocity
- ❖ Endothelial Assessment
- ❖ Cardio Pulmonary Exercise Test



PSG HOSPITALS

Peelamedu, Coimbatore - 641 004

Department of Cardiology



Heart Health Check-up

PEARL CLINIC

Prevention and **EARLY** detection of Cardiovascular and other **Lifestyle** diseases by **Novel** methods and **Integrated** care & **Continued** care

Together we can save our hearts ...

Eat More



Exercise More



Enjoy More



HEALTHY HEART



Please contact : **PEARL CLINIC**
B-Block, 4th Floor

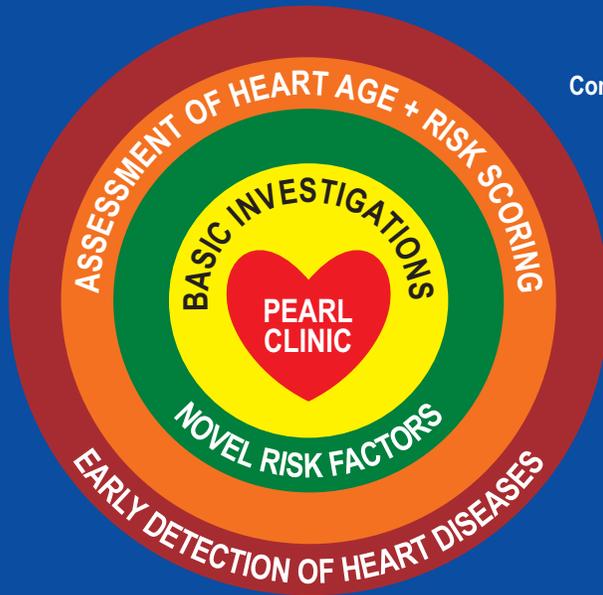
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Mindfulness and
Stress management

EVIDENCE BASED PREVENTIVE CARE

PACKAGES

Instructions

- ❖ Book your appointment in advance
- ❖ Report by 8.00 am with overnight fasting
- ❖ Bring your previous medical records and latest prescription
- ❖ Food and refreshments will be provided here.
- ❖ Kindly bring your spouse / mom or whoever cooks for you at home.

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