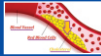


## For Whom? Anyone with :-

High blood pressure .....



High cholesterol .....



Family history of heart disease .....



Overweight or obesity .....



..... Pre-diabetes or diabetes



..... Smokers and tobacco chewers



..... Past history of Pregnancy  
Induced hypertension



..... Sedentary lifestyle

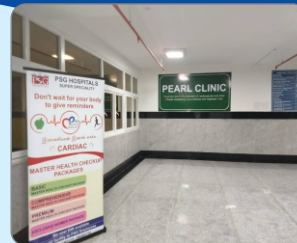
## Why @ PSG?

- ❖ Multidisciplinary team
- ❖ Holistic approach
- ❖ Robust assessment
- ❖ Personalized care and follow up

## Introducing for the first time a comprehensive package which includes



- ❖ CT Coronary Calcium
- ❖ ABI Measurement
- ❖ CIMT Test
- ❖ Pulse Wave Velocity
- ❖ Endothelial Assessment
- ❖ Cardio Pulmonary Exercise Test



Please contact : **PEARL CLINIC**  
B-Block, 4th Floor

**PSG HOSPITALS**

Peelamedu, Coimbatore - 641 004  
☎ 0422 4347410 📞 98940 97730  
E-mail : [cardiacmhc.psg@gmail.com](mailto:cardiacmhc.psg@gmail.com)



# PSG HOSPITALS

Peelamedu, Coimbatore - 641 004

## Department of Cardiology



## Heart Health Check-up

### PEARL CLINIC

Prevention and **EARLY** detection of  
Cardiovascular and other **Lifestyle** diseases  
by **Novel** methods and **Integrated** care &  
Continued care

Together we can save our hearts ...

**Eat More**



**Exercise More**



**Enjoy More**

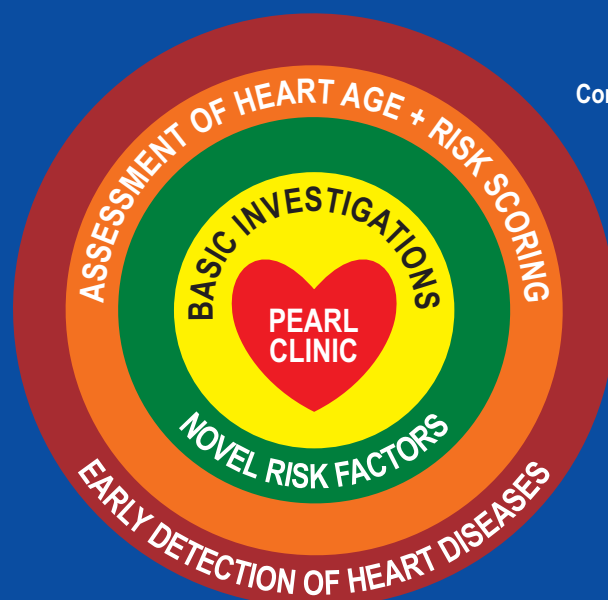


**HEALTHY HEART**



[www.kalaikathir.in](http://www.kalaikathir.in)

## ASSESSMENT METHODS



### DIET

Complete Nutritional Assessment  
Individualized Diet Prescription



**Comprehensive  
Heart Care**

### PHYSIOTHERAPY

Exclusive Fitness Evaluation  
Specialized Exercise Prescription



### YOGA

Heart healthy Yoga  
and Pranayama

### POSITIVE PSYCHOLOGY

Mindfulness and  
Stress management

## PACKAGES

### BASIC

**18+ Test**

@ ₹ 6,670/-

### Comprehensive

**25+ Test**

@ ₹ 9,660/-

### PREMIUM

**28+ Test**

@ ₹ 14,605/-

Additional  
Investigation for  
Women - Breast  
Arterial Calcification  
@ ₹ 1,440/-

## Instructions

- ❖ Book your appointment in advance
- ❖ Report by 8.00 am with overnight fasting
- ❖ Bring your previous medical records and latest prescription
- ❖ Food and refreshments will be provided here.
- ❖ Kindly bring your spouse / mom or whoever cooks for you at home.

**Screening for  
subclinical  
atherosclerosis**  
@ ₹ 5,060/-

(This test only for  
those who took blood  
test and other  
investigations priorly)

**NO COST EMI**  
Facilities Available

For Registration  
Scan the QR code



To know more about  
Package details  
Scan the QR code



**B Health**