

Wellness Whispers



PATRON'S MESSAGE

Dear friends,

It gives me immense pleasure to note the continued success and growing patronage of Wellness Whispers, our staff newsletter which has become a vibrant and well-loved platform for sharing the accomplishments and aspirations of our PSG Health Sciences community.



Since its successful launch last year, Wellness Whispers has kept us informed, connected, and inspired. It brings to the forefront the news, achievements, updates, and personal stories that define the spirit of our institution. As the Principal of PSG Institute of Medical Sciences & Research, I am privileged to lead a dedicated and talented group of individuals who share a common passion for excellence in medical education and healthcare.

Through these pages, we highlight not only the remarkable work done by our faculty, staff, students, and alumni but also the many accolades and recognitions they continue to earn. The magazine proudly features faculty promotions, new appointments, honors received, and institutional milestones. It celebrates progress, commitment, and the quiet efforts that often go unnoticed but profoundly impact our collective journey.

I thank each contributor who has taken the time to share their piece of the PSG story. Let us continue to contribute, celebrate one another, and remain connected through this meaningful platform. My best wishes to the editorial team and to all members of the PSG Health Sciences Campus.

Dr T M SubbaRao

Principal

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Wellness Whispers

WELCOME TO THE PSG FAMILY!

Dr. B. S. Dhanasekaran

Senior Consultant Cum Emeritus Professor
Emergency Medicine



Dr. Madhura Vaibhav Kulkarni

Senior Consultant - Fetal Medicine



Dr. Vijaya Gowri

Senior Consultant - Immunology



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ICU Intensivist



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Professor - Dental



Mrs. Priya

Professor - OBG - College of nursing



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Mr. G. K. Janakiraam - Manager Marketing

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Mr. Noble Hermus - Executive

Ms. Sweta - Executive

Nursing

On 25th July around 120 nurses attended the BLS hands-on training conducted by PSG Hospitals to commemorate the national BLS and CPR day.



We celebrated the Breast feeding week as per this year's theme "Prioritise Breastfeeding: Create Sustainable Support Systems." As an integral part of health care team, we the nurses conducted awareness sessions for the antenatal, postnatal mothers and Novice Nurses at PSG Hospitals.



On 25th July 2025 Nursing personnel attended the Chemo port master class conducted by B Braun company in collaboration with Adyar Cancer institute from 7pm to 9:30 pm. The session covered details on pediatric port implantation, port related complications and USG guided arm ports.



On 12th August 2025 Nursing personnel attended the Chemoport session conducted by B Braun company.



Mrs. Alli N, (ANS), led a session on dementia at the workshop on September 11 at Kumaraguru College of Arts and Science. She explained what dementia is, its types, and its effects on individuals and families. She stressed the importance of early recognition, compassionate care, and effective management strategies to improve quality of life for those affected.

ElderCon'25 – First Interstate Geriatric Conference



A total of 100 members from the Department of Nursing Service actively participated in the PSG ElderCon 2025 – First Interstate Geriatric Conference held on 20th September 2025 at PSG Hospitals, Coimbatore. The conference, organized by the Department of Geriatric Medicine in collaboration with the Indian Academy of Geriatrics (IAG) and Dementia India Alliance (DIA). Among them, 10 attended the workshop on Comprehensive Geriatric Assessment, 10 on Dementia Care, and 80 took part in sessions on Geriatric Nursing Care, gaining valuable knowledge and skills to enhance quality care for the elderly.



On 26th July 2025 Nursing personnel attended the Global to Local - adapting INS infusion standards in Indian hospitals conducted by INS – India.

The Infection Control Nurses Team at PSG Hospitals is proud to observe National Immunization Month this August 2025 with a series of awareness-driven events about the importance of timely vaccination.



World Hepatitis Day was observed on July 28th at PSG Hospitals with great enthusiasm and purpose. The Infection Control Nurses Team took the lead in spreading awareness about Hepatitis through a vibrant and engaging dance performance, capturing the attention of the Audience.

Informative posters were also displayed, helping to educate the public on the causes, prevention, and treatment of Hepatitis.



PSG Hospitals observed Oral Rehydration Solution (ORS) Week during the fourth week of July to raise awareness about the importance of ORS in preventing and managing dehydration, especially among children.



A PROUD MOMENT: FIRST PH.D. COMPLETION IN NURSING

We're delighted to announce a milestone achievement in the field of Nursing. Mrs. Kavitha P, the first Ph.D. scholar under the guidance of Dr. Anuratha M.D., Nursing Superintendent, PSG Hospitals, has successfully completed her doctoral research.



Wellness Whispers

Eight nursing personnel attended the National Conference on "Labour Practices of Modern Midwives for Safer Outcomes" organized by Ganga College of Nursing, Coimbatore, on 21st Aug '25.



A total of 26 nursing personnel from OT, CTOT, ICN, and CSSD attended the One-Day Seminar on Sterilization and Infection Control on 19th September 2025 at PSG IMSR, organized in collaboration with Medovation Inc.



Twelve Nursing personnel took part in the Pediatric Critical Care Workshop for Nurses on 14th August 2025 at GMC/ESI Hospital, Coimbatore, during the 49th Annual State Conference of IAP – TNSC (Kongu Pedicon 2025).



Three members from the Department of Nursing Services actively participated in the Vascular Access Workshop organized as a pre-conference session of the 49th Annual State Conference of IAP-TNSC (PEDICON 2025). The workshop was held on 14th August 2025 at Coimbatore Child Trust Hospital, Coimbatore, and provided valuable hands-on training and updates on vascular access techniques.



Dietary

REGIONAL DIETITIAN FORUM MEETING ON STRUCTURED NUTRITION CARE PROCESS
17th May 2025, Hotel Ibis, Coimbatore.



DIET COUNSELING SESSION FOR SENIOR CITIZENS BY DIETITIAN MRS. VINODHINI
21st May 2025, Vedanta Satsang Retirement Community.



CNE ON NUTRITIONAL MANAGEMENT IN CKD
May 31, 2025, A Block Seminar Hall.
Organizers: IAPEN India – Coimbatore Chapter & PSG Hospitals
Speakers:
• Dr. Arivazhagan, Associate Professor, Dept. of Nephrology, PSG Hospitals – Malnutrition in CKD
• Mrs. Sunetha Rao, Chief Dietitian, NU Hospitals, Bengaluru (Virtual) – Evidence-Based CKD Nutrition



CNE PROGRAM ON NUTRITIONAL MANAGEMENT IN BURNS
21st June 2025, Ganga hospitals.
Organizers: IAPEN India – Coimbatore Chapter & Ganga hospital
Participants – Senior Dietitians Mrs. U. Karthika & Mrs. C. Hemalatha, Dietitians Ms. Sundarilakshmi, Mrs. Vinodhini, Ms. Nalasri.



HEALTH TALKS

June 28 & 29 at Valparai Parry Agro (Iyerpadi) & Tata Coffee (Uralikal) Hospitals
by Dietitians Ms. Mythili V and Ms. Surabi C.S



PEPTA QUEST – MASTERCLASS ON CRITICAL CARE NUTRITION
July 11–13, 2025, Hotel Zuri, Kumarakom, Kerala.
Attended by Dietitians Mrs. Vinodhini & Ms. Ramani Sri



NUTRITION AWARENESS SESSION

Healthy Eating, MyPlate, Food Label Reading, and Healthy Food Swaps on 26th July 2025 at Sri Seshaa's International Public School, Yercaud Foothills, Salem.
Dietitians Ms. Mekhana and Ms. Swetha



FOSTAC FOOD SAFETY TRAINING AT PSG HOSPITALS

29th July, 7th & 23rd August, and 3rd September 2025
by Ms. A. Deborah Roselyn and Ms. A. Meena (Parikshan FSS Pvt Ltd), covering Basic Catering, Manufacturing & Retail for 164 staff from the Dietary Department, Cafeteria, and Student Mess.



DECON 2025-11TH INTERNATIONAL DIABETES AND ENDOCRINE CONFERENCE on 2nd August 2025 at Le Meridien.
Attended by Senior Dietitians Mrs. B. Divya, Mrs. U. Karthika, and Mrs. C. Hemalatha.



ONLINE GUEST LECTURE

By Senior Dietitian Mrs. B. Divya was held on 4th August 2025 at Bishop Heber College (Autonomous), Trichy. Around 100 students attended and gained awareness on the dietitian's role in breastfeeding.



DIET COUNSELING CAMPS FOR SENIOR CITIZENS

- Aug 10, 2025 – Viyabarigal Nala Sangam, Gobi by Dietitian Ms. Keerthana & RD Interns Mr. Sivaprasath & Ms. Dhanalakshmi.
- Sep 7, 2025 – Athulya Senior Care Services, Coimbatore by Dietitian Mr. Karthik.



NATIONAL BONE AND JOINT DAY

4th August 2025, an awareness exhibition on nutrition for bone and joint health was organized by Dietitians Ms. Jothiswari, Ms. Jasmi James, and Dietary Interns.



AN AWARENESS TALK ON THE FIRST 1000 DAYS

was held on 9th September 2025 at PSG Primary Health Centre, Vedapati by Dietitians Ms. Mirdula and Ms. Sri Rahavi.



HEALTHY EATING MADE SIMPLE: DO'S & DON'TS FOR SUGAR, SALT & OIL

As part of Nutrition month 2025, the focus is on addressing obesity by reducing sugar, salt, and oil consumption. This initiative aims to raise awareness about the health risks of overnutrition and encourage healthier eating habits for a balanced lifestyle. To support this, we must follow mindful practices in our daily diet.

CATEGORY	DO THIS	AVOID THIS
Sugar	<ul style="list-style-type: none"> • Drink water, lemon water, or unsweetened beverages • Use whole fruits to satisfy sweet cravings • Gradually reduce sugar in tea, coffee, and cooking • Read food labels and choose low/no-added-sugar products 	<ul style="list-style-type: none"> • Sugary drinks like soda, sweetened juices • Sweets, bakery items, and desserts with added sugar • Adding extra sugar without measuring • Ignoring sugar content in packaged foods
Salt	<ul style="list-style-type: none"> • Taste food before adding salt • Use herbs, spices, lemon juice, or vinegar for flavor • Cook with fresh ingredients • Limit salty snacks like chips and pickles 	<ul style="list-style-type: none"> • Adding salt automatically at the table • Relying only on salt for taste • Packaged and processed foods (instant noodles, canned soups) • Daily consumption of high-salt snacks
Oil	<ul style="list-style-type: none"> • Measure oil with a spoon when cooking • Use thick bottom cooking vessels cookware to reduce oil use • Try steaming, baking, grilling (without burning), or boiling 	<ul style="list-style-type: none"> • Pouring oil directly from the bottle • Using too much oil for frying • Deep-frying food regularly • High-fat fast foods

REMEMBER: You don't need to eliminate sugar, salt, or oil completely – just use less. Even small daily changes can lead to big long-term health benefits!



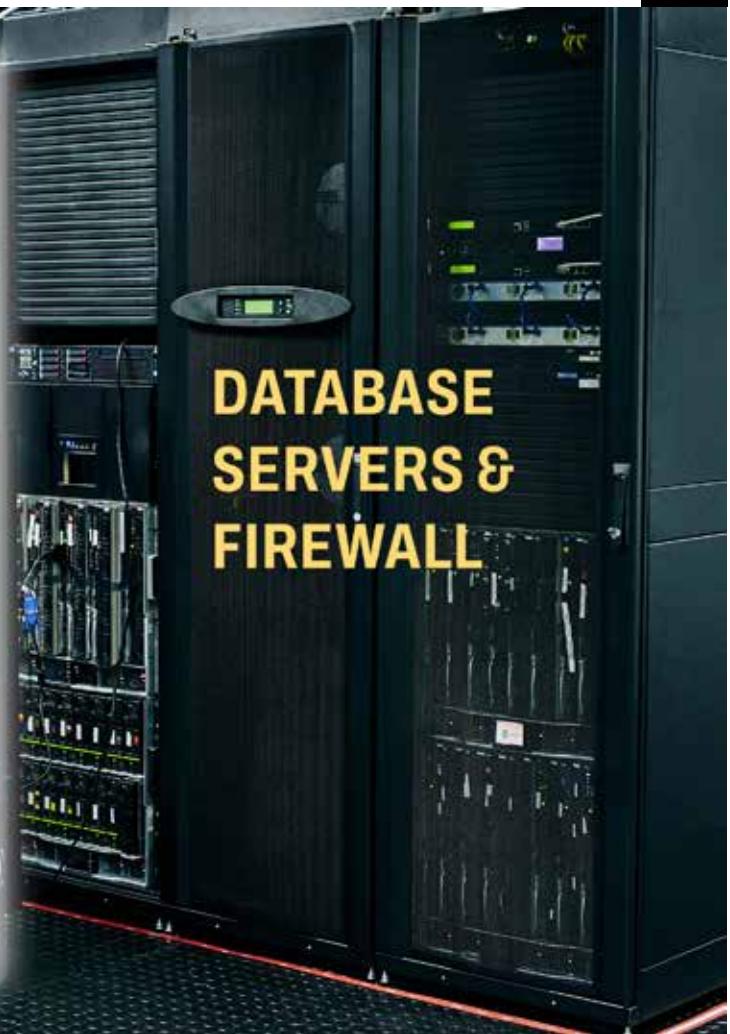
DATABASE SERVER

A database server is the backbone of modern applications, providing the crucial infrastructure needed to efficiently manage and store vast amounts of data. It ensures smooth and reliable data handling for our internal applications, including HSIS, HSIS-Smart, EMR, and IICS, as well as for our health centers. To guarantee continuous uptime and operational efficiency, we maintain our database servers in a High Availability mode, minimizing any downtime for our critical applications.

FIRE WALL

A firewall is a fundamental cybersecurity tool that acts as a gatekeeper, protecting networks and devices from unauthorized access and cyber threats. It is our first line of defense, preventing hackers from accessing sensitive data, blocking malicious software like viruses, and ensuring our confidential information remains safe. To secure remote access, we require all external connections to pass through a Virtual Private Network (VPN). This security is extended to all our health centers, which are connected via firewalls using SD-WAN technology to ensure secure and efficient traffic monitoring.

DATABASE SERVERS & FIREWALL



MR.SELVAKUMAR, CIO., PARTICIPATED IN 42ND MEDICAL EXPO 2025, CHENNAI TRADE CENTRE.



On July 9, 2025, our IT team engaged in an internal audit session for NABH Digital Health Accreditation, led by the esteemed Mr. U. K. Ananthapadmanabhan (Digital Transformation and Innovation Consultant). Crucial step towards enhancing the quality of healthcare services. Let's continue to strive for excellence together!

SKILL DEVELOPMENT PROGRAM – 'Mind Recharge' Sathiya R. & Sujitha R., Hospital Counsellors, conducted a Skill Development Program-'Mind Recharge: Program for Strengthening Psychological Wellbeing' for PSG Staff on 5th July 2025.



COLLEGE MENTAL HEALTH PROGRAM - Bavithra T., Hospital Counselor, was invited for a Guest Lecture on 'Toxic Trends: Drugs, Peer Pressure and Pop Culture' for Undergraduate & Post Graduate students, Department of Psychology, Hindusthan College of Arts and Science, Coimbatore.



ZCOLLEGE MENTAL HEALTH PROGRAM - Samriddhi S., & Palanipushpam P., Hospital Counsellors, took a session on 'Recognizing Stress, Anxiety and Seeking Assistance' for Post Graduate MBA students at G R Damodaran Academy of Management, Coimbatore.



School Mental Health Program: Dr. Anuja Panicker took a session on 'Stress Less, Achieve More' along with Bavithra T., Palanipushpam P. & Sandhiya M., Hospital Counsellors, for 12th standard students at Vidhya Nikethan School, Puliakulam, Coimbatore.



SKILL DEVELOPMENT PROGRAM - The Hospital Counselling Center has started the Module-III: 'Healthy Minds, Healthy Labs' for Medical Lab Technicians. The session was taken by Sathiya R., Hospital Counsellor on 20th August 2025.



PALLIATIVE CARE AND PSYCHOLOGICAL FIRST AID FOR DEMENTIA PATIENTS - Palanipushpam P. & Sandhiya M., Hospital Counsellors was invited as a speaker for M.Sc and B.Sc Psychology students, Department of Psychology, PSG College of Arts and Science on 22nd August 2025.



SUICIDE PREVENTION AWARENESS PROGRAM - HCC observed Suicide Prevention Day 2025 through suicide prevention awareness messages, group therapy session for patient attenders. Sujitha R., Hospital Counsellor conducted an awareness program on 'Changing the Narrative on Suicide' for newly inducted staff nurses on 10th September 2025.



DEMENTIA CARE AND MANAGEMENT - Palanipushpam P., Hospital Counsellor was invited as a speaker by Dept. of Psychology & Social work, Kumaraguru College of Liberal Arts and Science on 11th Sept'25.



HR

RECREATION

STRESS BUSTER: 28TH JUNE '25



STRESS BUSTER 26TH JULY '25



STRESS BUSTER: 30TH AUGUST '25



HR

PROMOTION



Job offer letters given to the Physically disabled rehabilitation course completed patients of Cheshire homes, Coimbatore.



Dr. ARAVIND KRISHNA
General Medicine
Promoted as AP



Dr. GOKUL
General Medicine
Promoted as AP



Dr. MURUGU SARASU
Paediatrics
Promoted as AP



The Principal of PSG IMSR, Dr. T. M. Subba rao, presented promotion letters to the newly promoted staff and extended his congratulations.



Dr. NANCY JEBA ANGELINE
Paediatrics
Promoted as AP



Dr. AMUTHAVALLI
Dermatology
Promoted as AP



Dr. PRANAV S KUMAR
Surgery
Promoted as AP



Ladies Hostel staff members were presented with their promotion and redesignation orders.



Redesignation orders have been issued to the following faculty members in the Allied Health Sciences department:

- **JANANI. R** has been redesignated as Lecturer Cum Technologist - Dialysis Technology.
- **KISHORE KANNAN** has been redesignated as Lecturer Cum Technologist - Critical Care Technology.
- **R. JERALD** is now a Lecturer Cum Technologist - Radiographic Imaging Technology.
- **S.P. LOHITHA** is now a Lecturer Cum Technologist - Cardiac Technology.
- **SAM PAUL P** is now an Assistant Professor Cum Technologist - Medical Lab Technology.
- **DINESH BABU A** and **SANKAR S** are now Demonstrator Cum Physicists - Radiotherapy Technology.



HR TRAINING



A mental wellness training session was held on September 9, 2025.



Office Yoga Practices session conducted by the Naturopathy & Yoga dept on 31 Jul 25.



Dr Nitin Ms. Jaya Shalini had 5 days training at CMC Vellore-WHO Caregiver skills for children with developmental needs.



1. POSITIVE ATTITUDE SOFT SKILLS

Employees participated in a Positive Attitude Soft Skills training session.

2. 5S WORKSHOP

They also attended a 5S workshop conducted at the PSG Institute of Management.

3. OFFICE ERGONOMICS TRAINING

Mr. Parthiban, a senior physiotherapist, conducted an Office Ergonomics Training session on July 26, 2025.

4. PSYCHO-ONCOLOGY TRAINING PROGRAMME

Four nursing staff members attended a Psycho-Oncology Training Programme from August 20-22, 2025.

The program was conducted by the Cancer Patients Aid Association and provided the staff with valuable insights into holistic cancer care.

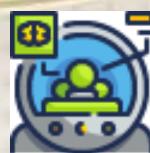
5. STRESS MANAGEMENT SESSION

Dr. Denesh Narasimhan led a session on Stress Management for IT Professionals.





BIOMEDICAL ENGINEERING



QUALITY, SAFETY & ADVANCING HEALTHCARE

The aim of the Biomedical Engineering department is to assure quality functioning of all medical equipments at the hospital by performing periodic maintenance and quality assurance protocols and at nil downtime of all equipment.

Biomedical Engineering department with good infrastructure is playing a vital role in effective and safe implementation of healthcare technology. A team of trained professionals provide the expertise service and carryout the functions of the department. The department ensures that the equipment are tested for safety, calibration and function for delivery of best healthcare including the inconvenience caused by malfunctioning of equipment and the time lost due to non-availability of the equipments. Provides round a clock maintenance service as per need.

Biomedical engineering combines engineering principles with medical and biological sciences to design and develop technologies for healthcare. Biomedical engineers collaborate with doctors and researchers to develop solutions for medical problems. Biomedical engineers analyze data, conduct research, and comply with regulatory standards. Their role bridges the gap between engineering and medicine, ultimately improving patient care and advancing healthcare technology.

In support of new equipments purchase, identifying vendors, collecting quotes, arrange demonstrations, providing feedback on the demonstrated equipments. Maintain equipment history and necessary documents for NABH and NABL. Supporting to get AERB license for radiation equipment and PNDT for Ultrasound equipment (endorsement)



The IT Journey

From Departure to Digitalization

HUMBLE BEGINNINGS (1996)

The digital journey of PSG Hospitals began with a small five-member team, originally known as Electronic Data Processing (EDP). Their visionary mission was to digitize patient registration and billing to improve hospital operations.

EVOLUTION AND EXPANSION

In 2010, the team was renamed the Information Technology (IT) Department. The Hospital Information System (HIS) was a key software achievement, and its implementation expanded beyond PSG's walls to Seven Hills Hospitals in Visakhapatnam, GEM Hospital in Coimbatore, and Sree Mookambiga Hospital in Kulasekaram. The IT team has since grown to a staff of 35 members.

KEY ACHIEVEMENTS: SOFTWARE & INFRASTRUCTURE

The IT department has implemented over 15 modules to enhance efficiency and patient care, including:

- HSIS & HSIS-Smart: Hospital & Student Information System.
- PACS: Picture Archiving and Communication System.
- EMR: Electronic Medical Record.
- DIMS: Drug Information Management System.
- IICS: Integrated Inventory Control System.
- HCPAnywhere: Document Management System.
- Various Apps: Patient, Assistant, MD, and Dietary.

The department's infrastructure has seen remarkable growth from one server, 10 desktops, and 10 printers to a robust network of:

- Approximately 10 servers and 50 Virtual Machines (VMs).
- SAN (Storage Area Network) with huge storage capacity.
- A Firewall with HA (High Availability) mode.
- 1400 desktops, 250 printers, and 100 scanners.
- 800 IP cameras for the entire health campus.
- Campus Wi-Fi and OR (Operation Room) integration.
- All health centers are connected with SDWAN (Software-Defined Wide Area Network).
- Network upgraded to 10gbps.
- Cloud backup (AWS).

AWARDS AND RECOGNITION

The IT Department has been recognized for its efforts with prestigious awards, including:

- NABH Digital Health Accreditation – GOLD: The first medical college hospital in Tamil Nadu to receive this accreditation.
- CMS Award: For "Digital Transformation in Health Care".

TECHNOLOGIES USED

The department leverages modern technology to deliver its solutions:

- Oracle12c
- WebLogic Server 12c
- Forms & Reports 12c
- React Native, Node.js, and React.js



5 Years of ONCOLOGY

The PSG Institute of Oncology marked its 5th anniversary on August 25, 2025, with a celebration that honored its journey of compassionate and holistic cancer care.

Here's a summary of the key highlights from their five-year report and commemorative event:

MILESTONES & ACHIEVEMENTS

- Established in 2020, the institute has grown into a center of excellence for cancer diagnosis, treatment, and research.
- Over five years, it has served thousands of patients with multidisciplinary care, integrating medical, surgical, and radiation oncology.
- The institute emphasized patient-centric care, combining clinical excellence with emotional support and community outreach.

5th Anniversary Celebration

- Held at PSG IMSR, the event honored four veterans of cancer care with the "ICON of CANCER CARE 2025" award to

DR. MAMMEN CHANDY

Former Director, Tata Medical Center, Kolkata

DR. C.S PRAMESH

Director, Tata Memorial Hospital, Mumbai

Convener, National Cancer Grid

PROF. M VIJAYAKUMAR

Vice Chancellor, Yenepoya University, Mangalore

PADMASHREE DR RAVI KANNAN

Director, Cachar Cancer Hospital and Research Centre, Silchar, Assam

KEY DIGNITARIES INCLUDED:

G.R. KARTHIKEYAN, CHAIRMAN

L. GOPALAKRISHNAN, MANAGING TRUSTEE OF PSG & SONS' CHARITIES

DR. BALAJI, DIRECTOR OF THE INSTITUTE

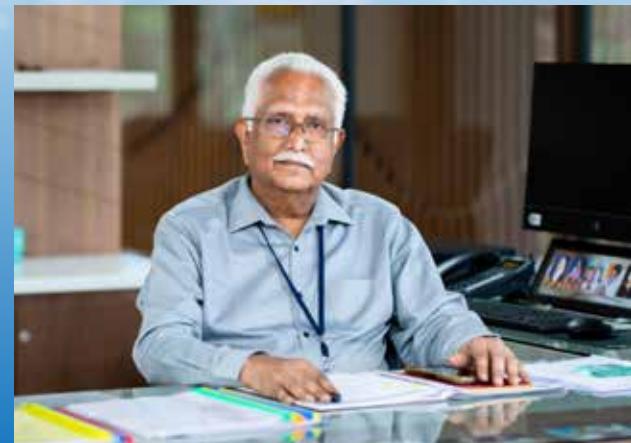
DR. RAJKUMAR, MEDICAL SUPERINTENDENT

DR. BHUVANESWARAN, DIRECTOR OF PSG SUPER SPECIALITY HOSPITAL

THE INSTITUTE'S OFFICIAL WEBSITE WAS LAUNCHED DURING THE EVENT.

REFLECTIONS & VISION

Dr. Rajkumar shared insights on the institute's five-year journey, highlighting its commitment to innovation, empathy, and excellence in cancer care.



DR. BALAJI. T - Director



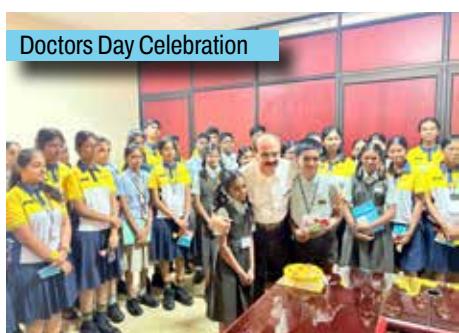
EVENTS



PSG & Sons charities 100years of service excellence logo launched.



Inauguration of new generation dual energy CT scan machine.



NEWS & TALENTS

ADVANCED IMAGING FACILITIES INAUGURATED AT PSG HOSPITALS, COIMBATORE, JULY 14

Radiology Department proudly inaugurated three new state-of-the-art diagnostic imaging technologies at the Department of Radiology—Siemens Somatom Drive CT Scanner, Samsung GC 85A Digital X-ray system and GE Lunar Prodigy Bone Mineral Densitometry—in a special pooja ceremony held on July 14, 2025. Speaking at the event, Dr. B. Devanand emphasized the significance of these upgrades in strengthening the hospital's radiology services and supporting faster, more accurate diagnosis for a wide range of conditions.

PSG Hospitals continues its commitment to investing in advanced healthcare technologies, offering world-class diagnostic services to the people of Coimbatore and beyond.



Farewell function to our Senior Professor Cum Advisor Simulation Lab Dr.P.A.Kumar



IAP ORS DAY & WEEK 2025 awareness to public by Pediatric doctors at B block pediatrics OPD



World breast feeding week awareness event by the nursing fraternity - 01 Aug 25

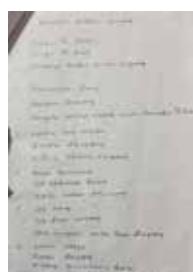
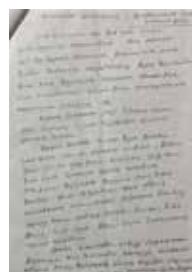
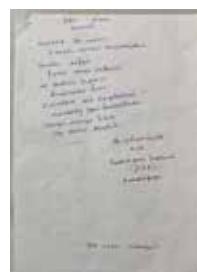
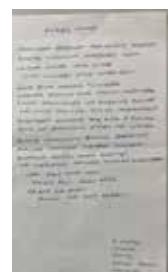
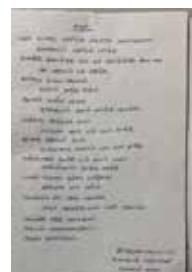
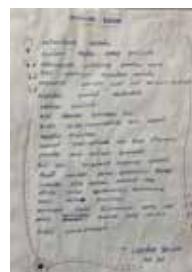
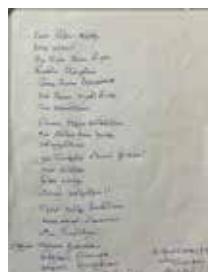


Farewell to Sr Kalamani OT staff who was also OT incharge. Hardworking and eversmiling. Wishing her a great life ahead



The Dept of Psychology have observed Psychologist Day

POEMS



DRAWINGS



Congratulations...

APPRECIATIONS

HONESTY RECOGNIZED AND REWARDED.

SANITARY HELPER TARAKNATH came across **Rs. 39500/-** in the common gents restroom in A block ground floor. The amount was handed over to the security office from where the sum was given to patient Rajeshwari's attendant in NSICU to whom it belonged.



Recognised with special gifts for the workers who performed well in the July' 25 recreation program.



Special appreciation from the Manager personnel for the Good performers in the program of Aug' 25.

INDUCTION & ORIENTATION



New employees at the hospital will undergo an induction and orientation program that covers a range of essential topics. The program begins with a Hospital Orientation and History of the Trust, including a video tour. This is followed by an HR policies orientation, which includes information on the organogram and leave policy. Employees will also receive training on Quality Induction (NABH Orientation), Infection control, and Bio Medical Waste Management.

Furthermore, the induction includes a CPR Training Program, an overview of Hospital Committees, and a session on Radiation Safety & Environmental Science. The program concludes with a Hospital Safety Codes & Fire Drill, an IT Induction & Team Building session, and a Department Induction & JD Orientation conducted by the Head of Department (HOD).

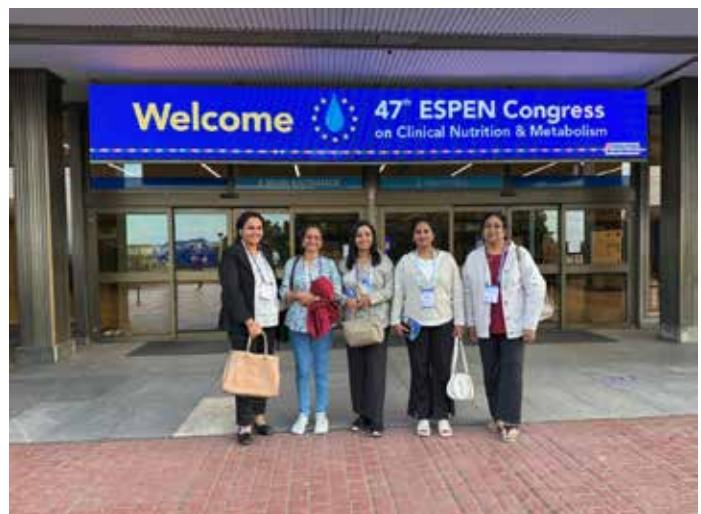
GLOBAL PRESENCE



Dr. A. Saravana Kumar from PSG Institute of Oncology, recently met with PROF. ABHAY KARANDIKAR, SECRETARY, DST, MINISTRY OF SCIENCE & TECHNOLOGY, GOVERNMENT OF INDIA, AT ICTP, TRIESTE, AND ENGAGED WITH THE INDIAN CONSULATE IN MILAN, ITALY. These discussions explored potential collaborations and research initiatives, strengthening ties between Indian research institutions and international partners.



We are proud to share that Dr. A. Saravana Kumar, Associate Professor of Medical Physics, has been invited by the INTERNATIONAL CENTRE FOR THEORETICAL PHYSICS (ICTP), A UNESCO INSTITUTION IN ITALY, to pursue research and take part in the School on Medical Physics for Radiotherapy Practices from 1st September to 1st October 2025. This distinguished honour is especially significant as he is the sole candidate chosen from India for this year's program.



Dr V Kavitha represents PSG Hospitals at 47th ESPEN 2025 –16th September 2025, Prague, Czech Republic.

Dr.Jeyadeepa Principal nursing college at Forensic conference at Bali.



SLEEP STUDY

Have you ever wondered what goes on during a sleep study? It's far more than just a night of observation. Behind the scenes, a highly skilled professional is at work: the Respiratory therapist (RT). Our expertise is absolutely crucial to diagnosing and treating a wide range of sleep disorders.

A NIGHT IN THE LAB

We understand that being hooked up to wires can be intimidating, so we take the time to explain every step, making sure you feel comfortable and informed. We expertly place sensors on your head, face, chest, and limbs. These aren't just for show; they're the tools that will measure vital signs like brain waves, eye movements, and—most importantly—your breathing patterns and oxygen levels throughout the night.

Once the study is underway, we act as a silent guardian. From an adjacent control room, we monitor your data in real-time. We are trained to spot the subtle signs of a sleep disorder, such as sleep apnea, where breathing can stop for short periods. If a significant issue is detected, we are ready to intervene by initiating and adjusting positive airway pressure (PAP) therapy. This is where our deep knowledge of cardiopulmonary function truly shines.

BEYOND THE STUDY

We, RTs' work doesn't end when the sun comes up. After the study, we meticulously review and "score" the thousands of data points collected. This detailed analysis helps our sleep physicians make an accurate diagnosis and create a personalized treatment plan.

Our role then shifts to education and support. We are often the first to teach patients how to use and care for their PAP equipment at home. From finding the perfect mask fit to troubleshooting common issues, we provide the guidance and reassurance needed for patients to stick with their therapy.

Ultimately, we, Respiratory therapists in sleep medicine are more than just technicians. We are compassionate clinicians and educators who combine our technical skills with a genuine commitment to patient well-being. Our work is a testament to the essential part they play in helping our patients achieve better health and a more restful life.

**"SLEEP IS AN INVESTMENT IN THE ENERGY TO BE EFFECTIVE TOMORROW.
SO SLEEP TIGHT!"**



Greetings from the field of **Anaesthesiology**

We Operation Theatre and Anaesthesia Technologists are specialized healthcare professionals,

our main role is to prepare the operation theatre's for surgeries ,administrating anesthesia, monitoring patient vitals and monitoring various equipment ,devices in operations theatre's and mainly assisting anesthesiologists to provide anaesthesia to patients before surgical operations begin ,as well as in assisting surgical teams like operating laparoscopic trolley, C-arm,diathermy..etc and also providing pre & post-operative critical care, trauma care, and pain management to patient and also especially administrating anesthesia outside the operating room— NORA (non operating room anesthesia) like in CT , MRI , IVF, cathlab Etc...We used to assist anesthesiologists as well as surgeons too. Here in PSG hospital we have over all 28 operation theatre including Robotics, labour, gastroenterology pulmonology, emergency OT.

EACH OT HAS BEEN ALLOCATED FOR EACH SPECIFIC DEPARTMENT LIKE ONE FOR TRANSPLANT SURGERY, ONE FOR ONCOLOGY ,PEDIATRICS, SURGICAL GASTROENTEROLOGY , UROLOGY ,NEUROSURGERY, ORTHOPEDICS, GENERAL SURGERY , OBSTETRICS AND GYNECOLOGY , ENT ,PLASTIC SURGERY, OPHTHALMOLOGY AND ALSO FOR ROBOTIC SURGERY..WE HAVE TWO SEPARATE OT FOR CARDIAC SURGERY.



An Operation Theatre Technologist we set up, prepare and handle the equipments and devices in the operation theatre. We work alongside surgeons, anesthesiologists, and nurses to provide necessary patient care throughout the surgery and even post-surgery like in the recovery room. We would make sure all the equipment to be used in the operation is functioning and ensure the equipment are in good working condition before surgery . Some Kind of equipment used are an anaesthesia machine, single or multichannel monitor, pulse oximeter, diathermy machine, C-arm, OT table, OT light, etc..

And also as an Anaesthesia Technologist we would assist anesthesiologists and monitor the patient before, during, and after the operation to make sure the patient gets the right amount of pain medication and also we would assist in the administration, monitoring of anaesthesia to make sure the process of giving anaesthesia to the patient is as per the patient's requirement and we also used to keep a track of all the supplies as well as monitor vital signs and other measures that show how a patient is reacting to the anaesthesia.

SOME OF OUR ROLES AND RESPONSIBILITIES ARE:

1. We would be involved in checking OT equipment for malfunctions and defects (e.g. Anaesthesia machine, suction apparatus, cautery machine, C-ARM, microscope, medical gases, etc.).
2. We would ensure the availability of drugs and consumables for the patient (e.g. checking of anesthesia trolley).
3. We used to operate and maintain all the medical equipment in the operation theatre with care.
4. We always ensure a central supply of oxygen and nitrous oxide, central suction available, and are in working condition.
5. We assist anesthetists and surgeons during surgery at the time of intubation, and extubation, keep drugs for IV infusions and blood transfusions and also have the knowledge to face any emergency situation.
6. We mainly ensure that the anesthetic machine is ready with the following ET tube, jelly, airways pray, plasters, eye ointment, injections, syringes, and intravenous infusion materials.

We are responsible for providing direct and indirect patient care, setting up equipment and preparing the patient for operation. We assist the surgeons (as well as anesthesiologists) during the procedures; monitor and evaluate the patient before, during and after the surgery.

Thank you !



Developmental and Behavioral Paediatrics



At PSG Hospitals, our Department of Developmental and Behavioral Pediatrics is dedicated to empowering children with developmental differences and supporting their families with care and compassion. Led by DR. NITIN SRINIVASAN, DEVELOPMENTAL PEDIATRICIAN, our multidisciplinary team provides comprehensive, evidence-based services tailored to each child's unique needs.

Our team includes psychologists Ms. Sharon Rose and Ms. Jayashalini, speech-language pathologists Ms. Dharini and Ms. Dhivya, and occupational therapist Ms. Esther. Together, we offer developmental assessments, behavior therapy, speech and language intervention, sensory integration, early stimulation programs and caregiver support.

We serve children with concerns such as speech delay, autism, ADHD, learning challenges, motor delays, and behavioural or emotional difficulties. Our goal is to guide families with understanding and equip each child with the skills needed for a confident and independent future.

Coordinated by our efficient secretary Ms. Akalya, our department ensures a smooth and supportive journey for every family. We believe every child has potential—and with the right support, every future can be bright.

CONTACT US AT: 0422-4587120

LOCATION: PSG HOSPITALS, PEELAMEDU, COIMBATORE.

Let us walk with you, every step of the way.



MARKETING

Date: 22/06/2025

Event: Run with Mother, for Mother Planet Marathon First Aid Camp : PSG Hospitals team provided first aid support during the marathon. Emergency medical care ensured participant safety.

Venue: IMA Hall, Coimbatore

No of people participated: 200+



Date: 22/06/2025

Event: Preventive Cardiology Camp

Comprehensive health check-up camp focusing on cardiology and physical medicine rehabilitation.

Venue 1: Parry Agro Industries - Iyerpadi, Valparai ,

No of people participated: 100+

Venue 2: TATA Coffee Central Hospital, Urulikkal, Valparai

No of people participated: 150+

Date: 22/06/2025

Event: Health Camp by Tamilaga Vettri Kazhagam Pandalur

Venue: Future Mahal, Gudalur Block, The Nilgiris Dist

No of people participated: 200+



Date: 01/07/2025

Event: Cyber Crime Awareness Marathon by Tamil Nadu Police. PSG Hospitals extended first aid and ambulance support for the marathon.

Venue: Namakkal, Tamil Nadu

No of people participated: 1200+

Date: 01/07/2025

Event: Doctors Day Celebration

PSG Hospitals celebrated Doctors Day with School students from National Model School who visited our hospital & greeted all our doctors on this special day.

Venue: PSG Hospitals & PSG institute of Oncology



Date: 13/07/2025

Event: IMA CGP North Zone Conference 2025

Expert talks by Dr. Kabeer and Dr. Siva Kumar. Highlighted advances in pediatric surgery and cardiothoracic care.

Venue: Perinthalmanna , Kerala

No of people participated: 100+



Date: 27/07/2025

Event: Go Green Marathon

PSG Hospitals supported the Go Green initiative with medical aid. Promoted health and environmental awareness among participants.

Venue: National Model Higher Secondary School, Coimbatore. No of people participated: 600+



Date: 10/08/2025

Event: All Traders Association organized Speciality Health Camp

More than 500 patients were screened with interventional radiology, physiotherapy, geriatrics, diet, and yoga consultations.

Venue: Sri Karthikeyan Mahal, Gobichettipalayam, Erode

No of people participated: 500+



Date: 11/09/2025 to 14/09/2025

Event: KMCCON 2025

8th National Conference of KMCCON 2025 by Department of NICU.

Venue: B Block auditorium PSG Hospitals

No of people participated: 200+

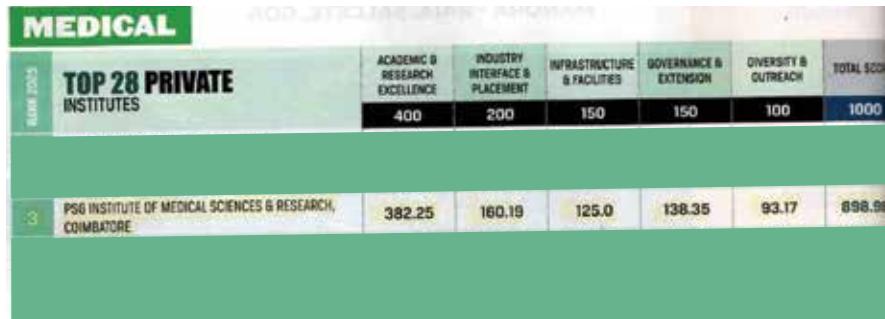
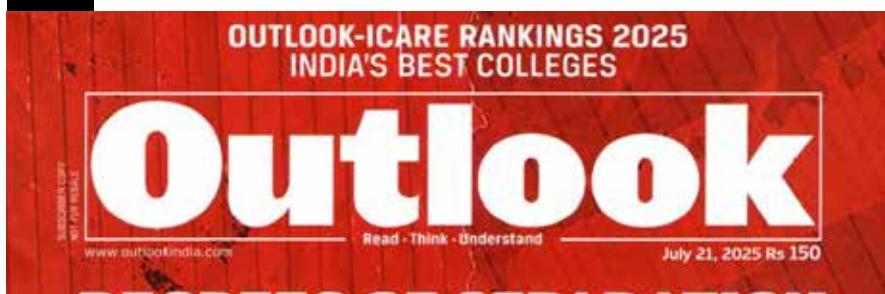


Date: 20/09/2025

Event: ELDERCON 2025 - 1ST Inter -State Geriatric Conference

Venue: B Block auditorium PSG Hospitals

No of people participated: 700+



Based on the Outlook magazine rankings, our PSG Institute of Medical Sciences & Research (PSG IMSR) has been recognized as **the third best medical institute in the country**. We've consistently held a place in the top three for consecutive years.



PSG College of Pharmacy is celebrating a significant milestone: its **25th anniversary**. In honor of this occasion, the institution has introduced a special 25th-anniversary logo.



Independence Day 2025 celebrations at PSG IMSR & Hospitals



1 year celebration of Staff Newsletter & Content Creators Meet on July 4th 2025