



Nation Building Since 1926



Wellness Whispers



PSGH Nurses Day Celebrations 2026



PATRONS MESSAGE

Dear Colleagues,

PSG Wellness Whispers, our quarterly staff newsletter continues to serve as a platform for employees across PSG Institute of Medical science & Institutions and Hospitals. It enables staff from all departments to showcase their talents, share achievements, and stay informed about important updates, employee engagement activities and events.

Launched by our Managing Trustee in November 2023, the newsletter has successfully completed over two years of meaningful engagement. With each edition, it has grown not only in content but also in participation. It is encouraging to see an increasing number of employees from Nursing, Paramedics and administration actively contributing articles, news updates, skill development activities, Internal training programs, workshops, external participations, Celebrations, creative works and department-wise highlights. Today, PSG Wellness Whispers has evolved into more than just a newsletter—it reflects our collective journey, and express the spirit of teamwork, dedication, and excellence that defines our workplace legacy.

Let us continue this excellent work, I extend my sincere appreciation and best wishes to each one of you

V.JAGANATHAN
GENERAL MANAGER ADMINISTRATION

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Shri. L. Gopala Krishnan
Managing Trustee, PSG & Sons' Charities

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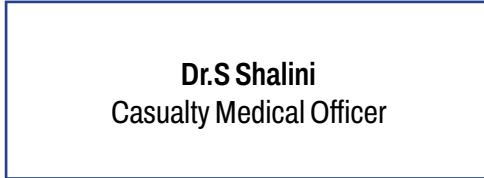
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Wellness Whispers

PSG WELCOMES....



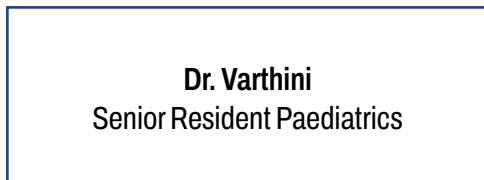
Dr. Ananthanarayanan
Senior Consultant - CTVS



Dr. S Shalini
Casualty Medical Officer



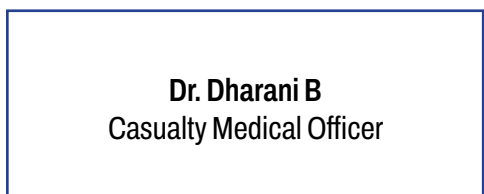
Dr. Elambarithi
Assistant Professor Medical Gastro



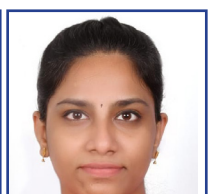
Dr. Varthini
Senior Resident Paediatrics



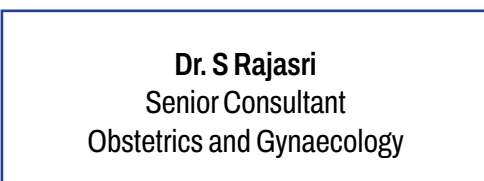
Dr. Aswin Kennedy
Assistant Professor Forensic Medicine



Dr. Dharani B
Casualty Medical Officer



Dr. Mahalakshmi K
Assistant professor Microbiology



Dr. S Rajasri
Senior Consultant
Obstetrics and Gynaecology



Dr. Rathinamoorti
Senior Resident Emergency Medicine

Nursing



A Scientific Session on “Science of Terminal Sterilization 2026 (SOTS 2026)” was organized by ASP – Advanced Sterilization Products on 9th May 2026. Two delegates from the Department of Nursing Service attended the programme.



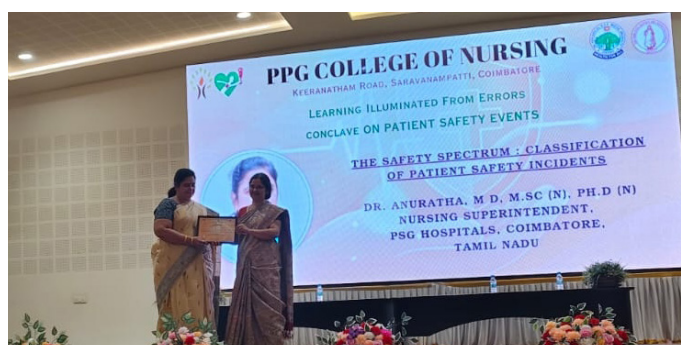
Dementia orientation certificate course was conducted by PSG Hospitals in collaboration with Dementia India Alliance on 14th March 2026. 15 members from the Department of Nursing Service attended the day long session. Mrs. Irin Dorathy, ANS was one of the trainers.



In view of World TB Day 2026, Rangoli and Quiz competitions were organized to promote awareness about tuberculosis and encourage active participation among staff. First Prize was awarded to the Pediatric 1C Ward team – Ms. Mayileshwari, Ms. Keerthika, and Ms. Sakthi.



Around 50 members from the Department of Nursing Services participated in the National Nursing Conclave on Patient Safety Events – “Learning Illuminated from Errors” organized by PPG College of Nursing, Coimbatore on 13 March 2026. The programme focused on learning from clinical errors and strengthening patient safety practices.



A National Nursing Conference was organized by PPG College of Nursing, Coimbatore, on 13th March 2026, focusing on the theme “Learning Illuminated From Errors (LIFE)”, dedicated to patient safety. One of the key sessions, “The Safety Spectrum: Classification of Patient Safety Incidents”, was delivered by Dr. Anuratha, Nursing Superintendent, PSG Hospitals, Coimbatore.

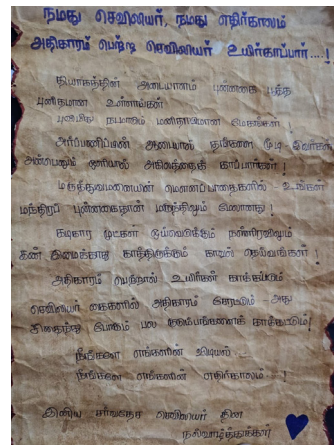


PSG Hospital, Coimbatore, was awarded the Runner-up title at the IV Ignite Quiz 2026 held on 27 January 2026.

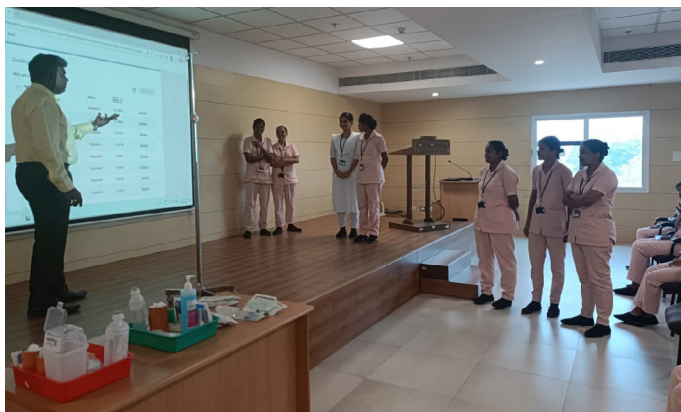


A State Level Seminar on “Bridging Gaps in Neuro Nursing Practice: Advancing Innovations & Clinical Excellence” was organized by Royal Care Institute of Nursing on 27-03-26

Glimpse of International Nurses Day..

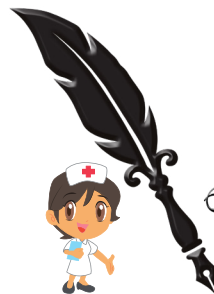


On the occasion of Nurses Day 2026, the Indian Medical Association (IMA), Coimbatore, honoured nursing professionals with an "Award for Appreciation" on 12th May 2026.



On the occasion of International Nurses Day 2026, a series of educational and interactive activities were organized by B Braun representatives for the nursing staff to enhance their clinical knowledge, technical skills, and team spirit.

Honouring our proud Nurses of PSG



செவிலியர்களின் திருநாள் கவிதைகள்



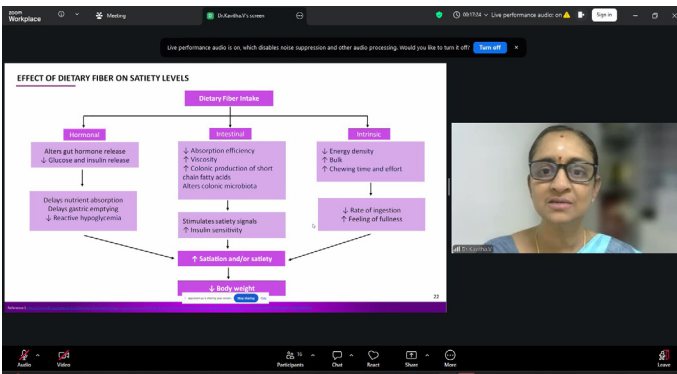
நமது செவிலியர், நமது எதிர்காலம்
அதிகாரம் பெற்ற செவிலியர் உயர்காப்பார்...!
தியாகத்தின் அடையாளம் புன்னகை பூத்த
புனிதமான உள்ளங்கள்
புவியீழை நடமாடும் மனிதாபிமான மேகங்கள்!
அர்ப்பணிப்பின் ஆடையால் தங்களை முடி -
இவர்கள்
அன்பெனும் ஒளியால் அகிலத்தைக் காப்பார்கள்!
மருந்துகளிலும், மருத்துவத்திலும்
அம்மாவின் அன்பையும்
சற்று கலந்து அகிலத்தையும்
சத்தமில்லாமல் அசைத்து
கொண்டு இருக்கிறார்கள்...

இன்னும் நீங்கள் சிறந்திடுங்கள்.
மானுடம் சிறந்து சிறகடிக்க...

மனிதம் மீண்டும் மலர.....

நமது செவிலியர், நமது எதிர்காலம்
அதிகாரம் பெற்ற செவிலியர் உயர்காப்பார்...!
தியாகத்தின் அடையாளம் புன்னகை பூத்த
புனிதமான உள்ளங்கள்
புவியீழை நடமாடும் மனிதாபிமான மேகங்கள்!
அர்ப்பணிப்பின் ஆடையால் தங்களை முடி -
இவர்கள்
அன்பெனும் ஒளியால் அகிலத்தைக் காப்பார்கள்!
மருந்துவமனையின் மெனப்பாதைகளில் - உங்கள்
மந்திரப் புன்னகைதான் மருந்திலும் மேலானது!
கடிகார முடிகள் ஓய்வெடுக்கும் நள்ளிரவிலும்
கண் இமைக்காத காத்திருக்கும் காவல்
தெய்வங்கள்!
அதிகாரம் பெற்றால் உயிர்கள் காக்கப்படும்
செவிலியர் கைகளில் அதிகாரம் சேரட்டும் - அது
சிதைந்து போகும் பல குடும்பங்களைக் காக்கட்டும்!
நீங்களே எங்களின் விடியல்
நீங்களே எங்களின் எதிர்காலம்...!
இனிய சர்வதேச செவிலியர் தின நல்வாழ்த்துக்கள்

Dietary



CAHO “Forum of the Year 2026” Award presented to Clinical Dietetics Forum (CDF) at the 1st ISQua South Asia Regional Conference, Chennai (10–12 April 2026).
Dr. V. Kavitha – CDF Co-Chairperson.



8th March 2026

Guest lecture (Virtual) on Nutrition challenges in Elderly for 3 month certification program for Geriatric care takers
Dr. V. Kavitha

17th March 2026 – virtual meeting by Hindustan uniliver
Topic: Management of Diabetes with Fiber rich nutrition by
Dr. Kavitha

10th March 2026

Vedapatti School – Awareness Session on Healthy Eating Habits for Children (5–15 years) for Students and Parents.
Dietitian Ms. Keerthana



CAHO CON - Preconference Nutrition workshop Nutrihabilitation : Unlocking the potential of nutrition in rehabilitation. Dr. V. Kavitha moderated two sessions.
Online workshop attended by Senior dietitians B. Divya , U. karthika & Mrs. C. Hemalatha



21st May 2026

Mrs. Hemalatha, Senior Dietitian, delivered a guest lecture at the Institute of Nutrigenetics, Saibaba Colony.



22nd March 2026

Advisory board meeting - Consensus Development on practical approaches in achieving Nutrition Adequacy in Indian ICUs
Dr. V. Kavitha



12th June 2026

Mr. Panidharasu, Executive F&B
CAHO–Medirest Leadership Roundtable on “Nutrition as Medicine: Can Food & Nutrition Excellence Impact Your Hospital’s Outcomes?” held in Chennai on 12 June 2026.



8th June 2026

Mrs. Sundarilakshmi. M, Dietitian

Complementary Feeding Day awareness session for parents at the Pediatric OPD, B Block.



03rd June 2026

Mrs. B. Divya, Senior Dietitian,

Resource Person for the Faculty Development Programme on “Transforming Education through Applied Skills” conducted for the faculty members of PSG College of Arts and Science.



12th June 2026.

Dr. V. Kavitha, HOD & Chief Dietitian, served as faculty for the TENx Talk – “Powering Muscles, Boosting Energy” held in Coimbatore on Senior Dietitians Mrs. B. Divya and Mrs. C. Hemalatha, along with Dietitians Mrs. Ajantha Kalaivani, Mr. Naveen Kumar, Mrs. K. Prathisha, Mrs. M. Sundarilakshmi, Ms. Ramani Sri, and Ms. V. Jothiswari, participated in the event.



18th March 2026

CNE Program – nourish to neutralize: overcoming NCD's through strategic nutrition, Royal care Hospitals, Coimbatore Senior dietitians B. Divya, U. karthika, Mr. Karthik, Ms. Srihavi



SPROUTED GREEN GRAM FALAFEL

A high protein, plant-based twist on traditional falafel uses sprouted green moong beans instead of chickpeas. The sprouts create a vibrant, earthy, and crispy falafel that is naturally lighter and easier to digest.

Procedure:

- * To a mixer jar, add green gram, onion, garlic, ginger, green chillies, spice powders, salt and coriander leaves. Coarsely grind the mixture..
- * To the blend, add rice and check for seasoning.
- * Make it into small to medium balls out of the mixture.
- * To a pan, add groundnut oil, flatten the balls and shallow fry it in the pan for both sides.
- * Serve hot.



SERVING OPTIONS:

- * Serve with hummus or yogurt.

Ingredients:

- * Sprouted or soaked green gram: 150g
- * Green chillies: 2 no's
- * Garlic: 2 cloves
- * Ginger: 1 inch
- * Onion: 1 small
- * Cumin powder: ½ tsp
- * Garam masala:
- * Pepper powder:
- * Rice flour: 2 tbsp
- * Coriander leaves: as required
- * Salt: to taste
- * Groundnut oil: 2 tbsp (for shallow frying)



IT



Mrs. R Hemalatha Senior System Manager from the IT Department and Chief Dietitian Mrs. Kavitha from the Department of Dietetics successfully represented our organization at the prestigious CAHOCON 2026 conference in Chennai

PSG QMS (Quality Management System)

PSG QMS (Quality Management System) is a comprehensive Digital Quality Management Information System designed to strengthen patient safety, quality improvement, accreditation readiness, and operational excellence in healthcare organizations. The platform supports hospitals in their digital transformation journey by integrating incident management, infection control, audits, risk management, feedback systems, competency management, accreditation tracking, and compliance monitoring into a single unified solution.

The solution enables hospital leadership to monitor quality indicators, patient safety metrics, regulatory compliance, and workforce performance through real-time dashboards and automated workflows. QM helps reduce manual processes, improve productivity, enhance patient experience, and support a culture of safety and continuous improvement across departments.

With features such as automated KPI tracking, incident reporting, infection surveillance, audit management, credentialing, survey management, policy tracking, and committee management, the platform provides a 360-degree digital ecosystem for hospitals. Its flexible integration capabilities with HIS/EMR systems, cloud or on-premise deployment options, multilingual support, and mobile-enabled workflows make it highly scalable and adaptable for healthcare institutions of all sizes.

The PSG QMS (Quality Management System) implementation was started on 1st June 2026 with the objective of streamlining quality processes, strengthening accreditation compliance, improving patient safety monitoring, and enabling data-driven decision-making across the hospital. The implementation focuses on digital transformation of quality workflows, centralized monitoring, and enhanced operational efficiency through integrated dashboards and automated reporting systems.



R.K. Selvakumar and P. Kannan visited the Sify Data Centre, Chennai, to explore next-generation digital infrastructure, cloud technologies, cybersecurity services, and AI-ready data centre capabilities.



R.K. Selvakumar and P. Kannan attended the Chennai Cloud & Datacenter Convention and Chennai Interconnect World 2026 in Chennai.



Hospital Counselling Center



Palanipushpam P., Hospital Counsellor presented Module 3: 'Diagnosis of Dementia' & Module 4: 'Management of Dementia I' as part of the 'Dementia Orientation Program for Health Care Professionals' organized by Department of Geriatric Medicine on 11th April 2026



Skill Development Program: Hospital Counselling Center has started Module VI: 'Code Mind – Preventing Burnout in Lifesaving Roles' for the Departments of Emergency Medicine and Critical Care to help them identify, manage and build emotional intelligence. The session was conducted by Sathiya R., Hospital Counsellor on 16th April 2026.



Sandhya M., Hospital Counsellor conducted Group therapy session for ICU patient attenders to psychoeducate the importance of mental health & family support on 2nd April 2026



Skill Development Program: Sujitha R., Hospital Counsellor conducted a session on 'Workplace Stress: Understanding and Management' for Office Assistants of the Billing department, A-Block, PSG Hospitals on 27.04.26.

Maternal Mental Health Day 6th May 2026



HCC observed Maternal Mental Health Day by conducting various activities. A Poster Making Competition was organized for all Healthcare Professionals of PSG Hospitals with the theme 'Healthy Mom= Healthy Families'. Bavithra T. & Samridhi S., Hospital Counsellors conducted Group therapy sessions for antenatal mothers and family members. Displayed psychoeducational posters and digital TV display on Maternal Mental Health for staff, patients and patient attenders.

HR Recreations...



28-03-2026



25-04-2026



28-05-2026



HR Promotion



Dr. Lavanya
Professor microbiology has
Promoted as Incharge
HOD Microbiology



Dr. Ajay Sivakumar Jayakrishnan
Promoted as Professor of
General Surgery



Dr. Kancherla Roopa
Promoted as Professor of
Respiratory Medicine



Dr. Kamalraj Sundaramoorthy
Promoted as Professor of
General Surgery



Dr. Sandeep Maran Mahaliappan Ramaswamy
Promoted as Professor of
Orthopaedics



Dr. Meenakshi Sundaram
Promoted as Professor of
BioChemistry



Dr. Umamaheshwari. A
Promoted as Professor of
Pharmacology



Dr. Gayanthri S.
Promoted as Assistant professor
Respiratory Medicine



Dr. Akhila M.S
Promoted as Assistant professor of
Anatomy



Dr. Dhanyamugan krishanakumar
Promoted as Assistant professor of
Orthopaedics



Dr. Meivel P.A.
Promoted as Associate Professor of
Nuclear Medicine



Dr. Ramasamy
Promoted as Associate Professor of
Cardiology



Dr. P. Suganth Sarvesh
Promoted as Associate Professor of
General Surgery



Dr. Tracy Rosalin Poulose
Promoted as Associate Professor in
General Surgery



Dr. Pavitra Vyshnvi
Promoted as Associate Professor of
Physiology



Dr. Veena J S
Promoted as Associate Professor of
Forensic Medicine



Dr. Juhi R.
Promoted as Associate Professor of
General Medicine



Promoted as Nursing supervisors

HR Training Programs



Dr.Arthi Elango Consultant Medical oncologist during her training session on “Balancing the well- being of working women employees” - 31 Mar 26



PSG Heads during VIHASA - Mind wellness POSITIVITY learning program - 24 May 26



Signals & Traffic regulations training session



Training session for House keeping department staff 09 Jun 26



First Aid practical training session for security guard by the Emergency Medical Physician



Fire fighting and rescue drill by fire service team with PSG ERT employees



ERT training for security personnel

Empowering Excellence

The “SHAKTI” Initiative at PSG Hospitals

In honor of International Women’s Day, the Department of Physical Medicine and Rehabilitation (PMR) at PSG Hospitals is proud to feature “Shakti,” a dedicated empowerment program specifically designed for our female migrant workers.

March 6th 2026” - Dr. V. Ramamoorthy Head & Mrs. Sumathi. G. Senior physiotherapist and team members Department of Physical Medicine and Rehabilitation (PMR) at PSG Hospitals conducted “Shakti,” an awareness program dedicated to female migrant workers. The program started from 6th March to 17th April for every weekend Friday and Saturday. The initiative focused on promoting essential aspects of health, including simple daily exercises, posture correction, and overall physical well-being.



The program started from 6th March to 17th April for every weekend Friday and Saturday. The initiative focused on promoting essential aspects of health, including simple daily exercises, posture correction, and overall physical well-being.

The Pillars of Strength

The initiative provided practical, high-impact tools to help staff navigate the physical demands of their roles:

Ergonomic Mastery: Training on “the right way” to move, preventing chronic pain and workplace injuries.

Restorative Exercise: Simple routines easily integrated into a busy workday to boost mobility.

Health Literacy: Breaking down barriers to help women better understand and manage their own physical well-being.

The name **SAKTHI** — representing primordial cosmic energy and strength—was chosen to reflect the inherent resilience of our workforce.

“Empowered women create stronger communities and healthier workplaces. When we invest in the well-being of our staff, we are investing in the heart of the hospital itself.”

A Healthier Future:

The success of this launch serves as a reminder that small, intentional steps toward health lead to a lifetime of better quality of life. As these women return to their roles with new knowledge, they carry with them the spirit of excellence that defines PSG Hospitals.



Activity by facility
Women Workforce



PSG Rural Health Training Centre (RHTC) - Vedapatti

Celebrating 65 years of Journey

PSG RHTC – Vedapatti is a community healthcare pillar established initially in 1961 as a maternity center. Later this centre was attached to the Department of Community Medicine PSGIMSR and it evolved into a premier model of comprehensive community healthcare. The intensive coverage area of the centre includes 14 villages where 25886 people (7160 families) are residing. The mission statement of the centre is to provide a comprehensive health care to the patients incorporating preventive, promotive, curative and rehabilitative components. The activities done in the centre can be broadly classified as follows

24/7 Clinical Excellence and Specialized Care:

- **Outpatient and inpatient Services:** Each day around 130-150 people seek health care services for minor ailments, common illnesses and non-communicable diseases. The Centre aims at delivering quality care based on holistic approach.
- **Maternal and Women's Health:** Round-the-clock obstetric and gynecological services are provided by a qualified speciality
- **Minor procedures:** Minor surgical procedures like suturing, incision & drainage, foreign body removal, ear lobe repair etc are done.
- **Specialty Clinics:** Weekly dedicated clinics optimize community wellness, including Well Baby Clinics every Wednesday (immunization and growth monitoring) and NCD Clinics every Thursday, offering heavily subsidized metabolic, lipid, and renal screenings paired with lifestyle counseling. Physiotherapy clinic on Saturdays. Monthly ENT and Ophthalmology clinic bring tertiary-level expertise directly to the rural grassroots.

Field Based Activities

- Extension OP Services: Bi-weekly mobile extension clinics deliver care directly to six remote villages
- Balwadi Health Check-Up/ School Health Programme: : Eight ICDS centre are visited regularly for health check-up every month and school health screening is done.
- Celebration of National Health Days: Health Education/ Awareness Activities are carried periodically to impart awareness about various aspects of health to the people,
- Home Visits/ Home based Care: Three field staff visits the families in the community and prompt referral are done for those who are in need.

Teaching Activities

Field based training is given to the students with intent to identify the felt needs of the community and for community diagnosis and make them understand the unique socio-economic determinants of rural disease patterns. Interns and postgraduate students are posted in the centre are trained practically on how to treat the patients regarding common health problems. Allied health Science students and elective students from other universities have an observership training on the health care delivery system.

Research Activities

The centre serves as a primary site for ICMR-funded short-term studentships, postgraduate dissertations and provides a robust medical research platform for allied health science students for conducting audits, patient compliance surveys, and health literacy impact assessments. For quality improvement of the centre, audit is done once in every four months on patient satisfaction in the form of exit interview.

Community Development and Vocational Rehabilitation Activities

- Skill Development Classes (Tailoring): The centre hosts bi-annual, certified tailoring courses to foster financial independence and socioeconomic empowerment among local women.
- Adolescent Life Skill Training Program - Addresses critical developmental, mental, and reproductive health needs, securing a healthier trajectory for the community's youth.



Dr. Sudha Ramalingam
HOD - Professor of Community Medicine &
Director - Research & Innovations

PSG Legacy continues...

Oncology



“Inauguration of Advanced Lymphedema Care Clinic at PSG Hospitals”

On April 18, the PSG Institute of Oncology and the Department of Physical Medicine and Rehabilitation (PMR) jointly launched the Advanced Lymphedema Care Clinic. Designed to bridge the gap between oncology treatment and long-term recovery, this specialized facility offers an integrated approach to lymphedema management. By focusing on early detection and advanced rehabilitation therapies, the clinic underscores PSG’s ongoing commitment to delivering holistic, patient-centered healthcare.



“Rotary and Rotaract Clubs Commemorates International Childhood Cancer Day 2026”

The Rotary Club of Coimbatore Metropolis, Rotaract Club of Coimbatore Crystals, Coimbatore Cancer Foundation, and PSG Institute of Oncology co-hosted an International Childhood Cancer Day event at Sangamam Hall. Under the theme “From Challenge to Change: Demonstrating Impact,” the gathering brought together club dignitaries, medical faculty, and volunteers to support pediatric oncology patients and their families. The event featured a formal recognition ceremony and a gift distribution drive aimed at raising awareness and bringing positivity to the young patients.



“Healing Harmonies” Initiative Marks International Nurses Day at PSG Hospitals

On May 12, 2026, PSG Hospitals hosted the “Healing Harmonies” initiative in the C-Block to celebrate International Nurses Day and honor the dedication of its nursing staff. Jointly organized by the Rotaract Club of Coimbatore Crystals, the Coimbatore Cancer Foundation, and the PSG Institute of Oncology, the event featured a live, interactive performance by the Kural Kootam Music Band near the Oncology Daycare Ward. Hospital doctors, consultants, nursing students, and staff participated in the sing-along session, providing a refreshing therapeutic break from their clinical routines.



“MAKE A WISH –MAGIC SHOW PROGRAM”

Under the inspiring initiative “MAKE A WISH,” the Rotary Club of Coimbatore Metropolis, Rotaract Club of Coimbatore Crystals, Coimbatore Cancer Foundation, and PSG Institute of Oncology came together on April 18, 2026, to host a spectacular interactive magic show at Shakthi Hall, PSGIMSR.

Dressed in hopeful yellow and white, pediatric oncology patients and their families were treated to an enchanting performance by Magician Shahul Breaker, whose captivating illusions brought pure joy and laughter. The event concluded with gift distributions, successfully providing vital psychological comfort, emotional strength, and a day of unforgettable wonder to these brave children away from their routine clinical treatments.

Celebrations & Events

Staff Participation Outside Campus



The Department of Developmental Paediatrics at PSG Hospitals organized a World Autism Day awareness program at PSG Vedapatti Health Centre. The session highlighted the “Do’s and Don’ts of the First 1000 Days,” emphasizing early brain development, nutrition, and responsive caregiving. A creative puppet show on autism inclusion engaged the audience, promoting empathy and social acceptance for children with autism. The program effectively raised awareness among parents and caregivers about early identification, intervention, and inclusive practices, reinforcing the importance of supportive environments for children with developmental needs.



Mr. M. Sweendran, Mrs. M. Sweta, Mr. D. Hermus Noble - Digital marketing team Attended a one-day Management Development Program at PSG Institute of Management and gained valuable insights into leveraging Meta Ads, Google Ads, and AI for effective branding, audience engagement, and business growth.

2nd Year Celebration of staff Newsletter

Chief Guest
Dr. T M Subba Rao,
Principal, PSG IMSR & Hospitals



Talent Shows best performers have been awarded during Wellness Whispers Content Contributors Meet - 31 Mar 26



Mrs. Sumathi G. Senior Physiotherapist, Sukanya Women's Rehabilitation Center, department of PMR was invited to deliver a comprehensive Health Talk and Wellness Session as “Ergonomics, Injury Prevention, and Workplace Wellness...” for Women Employees at Sandfit Foundries Ltd. for all shift staff, organized by the department of Human Resources, Sandfit Foundries Ltd., Coimbatore, on 7th March 2026.

2nd Year Celebration of staff Newsletter

Chief Guest
Dr. T M Subba Rao,
Principal, PSG IMSR & Hospitals



Recreation Team have been awarded during Wellness Whispers Contents Contributors Meet - 31 Mar 26

News & Talents



26th Graduation Ceremony, PSG College of Nursing



PSG IMSR Allied Health Science Graduation Ceremony



PSG Hospitals Launch Dementia Rural Health Project in P S G Rural Medical Centre, Neelambur



World TB Day Awareness



Summer Yoga classes conducted for Employees Kids by Dr.Subhashini, Naturopathy & Yoga

Wellness Whispers



Pickleball Court Inauguration - 16 May 26



Renovated CT-ICU Opening Ceremony - 25 Mar 26



World Autism Day and opening of Autism center

உலக புகழ்பெற்ற ஐந்தாம் திசை
மே 31, 2026

விழிப்புணர்வு

புகழ்பெற்ற விழிப்புணர்வு வாரம்
கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும்

மேலும், இது புகழ்பெற்ற
உன் உலக "ஆதிக்கத்தின்" கருவியை
சிறந்த வாய்க்கட்டி விழிப்புணர்வு கருவியை
கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும்
ஆதிக்கத்தின் வாரம் உட்கொள்ளும்!!!

"புகழ்பெற்ற விழிப்புணர்வு - கனம் மருத்துவர்கள் மூலமாக!!"

M. Swendran
Marketing Executive
097204

உலக புகழ்பெற்ற ஐந்தாம் திசை
மே - 31, 2026

- × 4 மணிக்கு புகழ்பெற்ற விழிப்புணர்வு வாரம், புகழ்பெற்ற விழிப்புணர்வு வாரம்.
- × கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும் உன் வாய்க்கட்டி விழிப்புணர்வு வாரம்!
- × மிகவும் கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும் உன் வாய்க்கட்டி விழிப்புணர்வு வாரம்!
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- × உன் வாய்க்கட்டி விழிப்புணர்வு வாரம், கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும் உன் வாய்க்கட்டி விழிப்புணர்வு வாரம்!
- × கனம் மருத்துவர்கள் மூலமாக உட்கொள்ளும் உன் வாய்க்கட்டி விழிப்புணர்வு வாரம்!

ஆ. புகழ்பெற்ற ஐந்தாம் திசை
097204

மருத்துவத்துறை
P.S.G. Hospital.




Appreciations



TNAI Tamil Nadu State Branch Election 2026
“Nominations tally sheet”



11.	Chairperson- Nursing Service Section	1. Dr. Anuratha M.D., TNAI No. 154952 Address: Nursing, Superintendent, PSG Hospitals, Peelamedu, Avinashi Road, Coimbatore-641004, Tamil Nadu		Declared Elected
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Dr. Anuratha M D Nursing Superintendent of PSG IMSR & Hospitals has been elected as a Chairperson for the Tamilnadu State for Nursing service section for TNAI (Trained Nurses Association of India).

Dr. Ajay Sivakumar Jayakrishnan has achieved a historic milestone at PSG IMS&R. He is the first individual in the institution's history to complete his medical education (MBBS and MS) at PSG, immediately join as a faculty, and successfully rise to the rank of Professor, all in one continuous stretch!



Tamil Nadu State Allied and Healthcare Council

(தமிழ்நாடு இணை மற்றும் துணை மருத்துவ கவுன்சில்)

Constituted by Government of Tamil Nadu under the provision of

National Commission for Allied and Healthcare Professions Act -2021 - No. 14 of 2021 dated 28th March 2021

Office: Ground Floor of South West Block, DMR&HS Campus Off Sivasankaran Road, Teynampet, Chennai, 600006.

Email id: tnstatealliedandhealthcouncil2024@gmail.com / secretarytnaandhcc@hotmail.com / Office Email id: secretary@tnsahc.org / Nodalofficer@tnsahc.org

List of Office Names Nominated as Professional Advisory Boards for Tamil Nadu State Allied and Healthcare Council

S.No	Category	Name	Designation and Contact Details
3	Nutrition science Professional	7) Dr. Kavitha. V	Enclosed
4	Medical Radiology Imaging And Therapeutics	10) Jerald	Enclosed



Dr. Kavitha V (Chief Dietician) and Mr. Jerald (Radiologist) Nominated as Professional Advisory Boards for Tamil Nadu State Allied and Healthcare Council



Dr. Sudha Ramalingam, Professor & Head, Department of Community Medicine, and Director of Research & Innovation, has been conferred the prestigious ICMR Adjunct Faculty position at PSG IMS&R.

Dr. Saravanan Associate professor medical physics department has received the prestigious Dr. Ramalingam memorial award for his excellence in research activities with Rs.5lakh grant for his future research activities



Migrant workers from State of Assam were appreciated by the Manager Personnel for their excellent traditional performance in the HR recreation program

Special appreciation for the nursing staff from Manager personnel for special karagattam performance during Nurses Day Celebrations

The Silent Heros of Diagnosis - MRI Technitions



The Department of Radiology, PSG IMSR & Hospitals is proud to announce the installation of new, state-of-the-art 3 Tesla MRI System. This marks a significant milestone in our ongoing commitment to clinical excellence and patient-centered care.

This achievement reflects the forward-thinking vision of our Institutional leadership and the dedication of our exceptional staff, who seamlessly prepared the suite, mastered advanced protocols, and implemented strict safety workflows. Far beyond just producing images for treating patients, advocates for patient safety and comfort. The 3T MRI strengthens PSG Hospitals' legacy of innovation, bringing faster, safer, and more precise diagnostic services to our community.

Hospital Service Assistants



How Hospital Service Assistants Support the Facility Management Department

- Safely transport patients within the hospital.
- Move medical equipment, files, and supplies to required locations.
- Help maintain cleanliness and infection control standards.
- Provide support during emergencies.
- Guide patients and visitors to the appropriate departments.
- Assist in ensuring smooth day-to-day hospital operations.

“Hospital Service Assistants play a vital role in supporting Facility Management and enhancing patient care and operational efficiency.”

Roles and Responsibilities of Physician Associate



We Physician Associates work directly under the supervision of the physicians in order to assist them in their healthcare profession along with guidance to the patients about their health conditions and pave the way for the better and healthier lifestyle of the patients living.

Physician associate work in various speciality departments like cardiology, cardio vascular and thoracic surgery, neurology, nephrology, pulmonology, gastroenterology, orthopedics, radiology, obstetrics and gynecology, endocrinology, oncology, pediatrics, geriatrics and general medicine under the supervision of the physician in each speciality sectors.

The major roles and responsibilities of the physician assistants in hospital

- Taking patient history and performing physical examinations
- Diagnosing common illnesses and managing treatment plans
- Assisting in surgeries and performing minor procedures
- Ordering and interpreting lab tests and imaging reports
- Prescribing medications (as per legal guidelines)
- Providing health education and preventive care
- Supporting emergency and critical care services
- Strong clinical decision-making and problem-solving ability
- Excellent communication and patient counseling skills
- Teamwork and coordination with healthcare staff
- Ability to handle emergencies calmly and efficiently
- Compassion, professionalism, and ethical practice
- Time management and multitasking in busy healthcare settings



The designation of the physician associates are completely based on the NCAHP guidance and formulation as physician associate with 0-5 years of experience with bachelors in physician assistant is designated as Junior physician associate meanwhile the designation will change according to the years of experience and their qualification to Senior physician associate and then to Senior physician associate grade IV, III, II, I

The physician associates provide a healthier and better standard of living along with emotional and mental support providing a proper guidance to patients in order to lead a perfect lifestyle. Physician associate stand as a bridge between the patients and the physician in order to provide the standard health care facility, each and every tasks which are provided by the physician assistants are under the guidance and supervision of the physicians as per their instructions.

PMR



Clinical physiotherapists from the PMR Department attended the “Revive and Relearn” Symposium on Traumatic Brain Injury (TBI) at KMCH College of Physiotherapy on March 8, 2026. Ms. Indhumathy won the Best Presentation Award for her E-Poster on “Head Injury Prevention and Awareness.”



Senior Physiotherapists Mr. Ragunath Balu, Mr. A. Parthiban, and Mr. Ashok R from the PMR Department attended the International Physiotherapy Conference 2026 and International Hand Conclave 2026 – Re-Hand. Held from April 15 to 18, 2026, at SRMIST in Chennai, the event also included a specialized preconference workshop on AI literacy and generative AI for physiotherapists.



Deepika K, Aathira S, Madhu Manjari N B, Priya D, Indhumathy, Nisha prasanna clinical physiotherapist from PMR department participated in RESP REHAB 2026, a workshop on respiratory rehabilitation, jointly organized by the Departments of Pulmonology and Physiotherapy at One Care Medical Center, Coimbatore on 24th April 2026.



The PSG Health Sciences Campus launched the EMPOWER initiative to combat the health risks of sedentary administrative work among healthcare professionals through physical and mental health assessments.



Mr. Parthiban Alagappan, Senior Physiotherapist from the PMR Department, won the First Prize in the faculty paper presentation category at the International Physiotherapy Conference 2026 & International Hand Conclave 2026 – Re-Hand in Chennai. His award-winning research focused on the “Functional Outcomes of Post Stroke Patients during Discharge from Inpatient Stroke Rehabilitation Facility” during the event held from April 16 to 18, 2026.



Mr. Aswin, Senior Physiotherapist (Grade III), Pulmonology, was invited as a resource person and delivered a lecture titled “Exercise Training in Chronic Respiratory Rehabilitation” during the “RESP REHAB 2026 – A Workshop on Respiratory Rehabilitation,” organized by One Care Medical Center, jointly by the Departments of Pulmonology and Physiotherapy, held on 26.04.2026 at One Care Medical Center, Coimbatore.

THE CURIOUS CASE OF MR. S. PILLAI

The man who did everything right... but the disease kept winning.

1 Year 2000.
At just 30 years old, bank manager Mr. S. Pillai faces his first major crisis—a sudden heart attack!

We caught it in time! Stented the artery. But watch out—your blood work shows **Pre-Diabetes** and high **Lipoprotein (a)**.

A genetic risk? Well, the doctors fixed me up. Back to work!

2 12 years of quiet... until a sudden warning shot.

That was a **Transient Ischemic Attack (TIA)**—a minor stroke. You need to stick strictly to your medications!

3 Year 2014.
Just two years later, the big one hits. Another heart attack!

CORONARY ANGIOGRAM

LAD	LCX	RCA
100% BLOCK	95% BLOCK	100% BLOCK

O.R. EMERGENCY

Triple vessel block! Prepare the O.R. for an emergency **Bypass Surgery!**

4 Year 2024.
A full 24 years since it all began. The chest pain returns.

Another heart attack, Mr. Pillai. We put in another stent. But your diabetes is out of control—**HbA1c is at 8%**.

5 He took the best pills. He underwent the best procedures. He had World-class medical follow-ups.

THE GOLDEN MEDICAL STANDARD:

A Aspirin & Antiplatelets / Angioplasty
B BP Meds & Beta Blockers / Bypass Surgery
C Cholesterol Statins
D Diabetes Control Meds

THE ABCD ADVANCED CARE PLAN

6 Despite 24 years of flawless medical science... his disease **still** kept progressing.

WHY DID THIS HAPPEN? 🤔



Who is Mr. S. Pillai?
Keep following this space to unlock the mystery...



Marketing

Date: 28.04.2026 – 29.04.2026

Venue: GP Galaxy Grand Mahal, Gandhipuram

Event: General Health Camp for Red Taxi Employees, Drivers, Owners & their families

A two-day general health screening camp organized for Red Taxi employees at GP Galaxy Grand Mahal, Gandhipuram, Coimbatore.



Date: 25.04.2026

Venue: IMA Hall, Udumalpet

Event: Udumalpet IMA CME Program

Speaker: Dr. Anantha Narayanan (CTVS)

We conducted a Continuing Medical Education (CME) program to enhance clinical knowledge and professional development among healthcare practitioners.

Date: 11.05.2026 – 16.05.2026

Venue: Department of Orthopedics, B-Block, PSGIMSR- H

Event: In-House Paediatric Orthopaedics Camp

We organized a specialized screening and consultation camp for paediatric orthopaedic patients from 6-7 nearby districts & facilitated early diagnosis and deformities corrective surgeries.



Date: 22.05.2026

Venue: PSG Hospitals B-Block Auditorium

Event: Enhancing Healthcare Standards – Awareness & Accreditation Session on NABH.

Around 40 registrations from various hospitals in & around Coimbatore, Tirupur, Nilgiris.

Date: 24.05.2026

Event: Salem IMA Program

Venue: IMA Hall, Salem

Speaker: Dr. Kirubakaran, Dr. Sivakumar

We conducted a Continuing Medical Education (CME) program to enhance clinical knowledge and professional development among healthcare practitioners. In addition to IMA CME program, we have awarded The Best Nurses Award to Salem District Nurses.



Date: 25.05.2026 – 28.05.2026

Event: Speciality Health Camp

Venue: Vedapatti, Thondamuthur, Vadavalli

Conducted comprehensive Geriatric health screening for senior citizens, benefiting approximately 850 individuals through preventive health assessments.

Date: 31.05.2026

Venue: Pollachi

Event: General Health Camp

Mobile clinic (Bus) by Sri Sathya Sai Seva Organisation, Pollachi



Date: 07.06.2026

Venue: Yercaud, Salem

Event: Bison Ultra marathon 2026 Medical Support

Deployed medical teams and emergency support services to ensure the safety and well-being of marathon participants.

Date: 27.05.2026 – 10.06.2026

Venue: CODISSIA Trade Fair Complex, Coimbatore.

Event: INTEC 2026 – 21st Edition of South India's Premier Industrial Trade Fair

Provided round-the-clock first aid and emergency medical support services for exhibitors, delegates, and visitors, ensuring prompt medical assistance and safety coverage throughout the event.



Date: (30-05-2026)

Venue: Othakalmandapam, Coimbatore.

Event: Lions club of coimbatore NFB blood donation camp

The Lions Club of Coimbatore NFB and PSG Hospitals jointly organized a blood donation camp to celebrate the launch of India's first old-age home for visually challenged individuals.

Date: 22-03-2026

Venue: Ooty

Event: Ooty Ultra Marathon 2026

Categories: 15Km, 30Km, 50Km, 60Km, 75Km, 90Km

We are proud Health care partner of Ooty Ultra Marathon 2026 in the Nilgiris on 22 March 2026, 1000+ contestants participated.



Date: 06-05-2026

Venue: TTK Prestige Ltd., Myleripalayam.

Event: Corporate Health Camp

PSG Hospitals successfully conducted a Corporate Health Screening Camp at TTK Prestige Ltd., Myleripalayam, promoting preventive healthcare of employees.



A Proud Recognition for PSG Dietary Team

PSG Hospitals Dietary Kitchen has received the FSSAI Eat Right Campus 5-Star Exemplary Rating, from coimbatore district collector reaffirming its dedication to creating a safe, healthy, and nutritious food environment.

2nd year celebration of Staff Newsletter Wellness whispers

Dr. T M Subba Rao ,
Principal, PSG IMSR & Hospitals



Email your news and events to staffnewsletter@psgimsr.ac.in