



PSG INSTITUTE OF ONCOLOGY

Compassion • Commitment • Care



PSG SONS & CHARITIES
Since 1926
Empowering People. Enriching Lives

1,200+
DAYS OF
UNINTERRUPTED
TrueBeam® OPERATIONS
— and Still Counting.

30,000+
FRACTIONATED
TREATMENTS

1,500+
PATIENTS
BENEFITTED



PRECISION
YOU CAN TRUST



EVERY DAY.
EVERY PATIENT.



COMPREHENSIVE CARE.
COMPASSIONATE
HEALING.



COMMITTED TO THE CARE.
DEDICATED TO YOU.



Thankyou to our patients, families, and dedicated team for being part of our incredible journey



The Department of Radiation Oncology celebrated a significant milestone of completing 1,200 consecutive days of uninterrupted radiation therapy services since the commissioning of the Varian TrueBeam Linear Accelerator (LINAC) on 23 December 2022.

Patrons Message



Wellness Whispers...

“Our dream come true” periodical is now loved enough to say as a crown in our HR rainbow, encompassing various activities of the campus, highlighting staff events, achievements, laurels and many more. It gives a comprehensive activity report of the campus. It is very nice to know that many staffs cutting across class, grade and cadre, participate and contribute to this wonderful opportunity. I feel so happy and proud to see the seed of thinking becoming a fantastic reality with a great nurturing of the team of experts with HR. Team work brings the dream work.

God Bless!

Dr. J. S. Bhuvaneshwaran
Director PSG SSH

CHIEF PATRON

Shri. L. Gopala Krishnan
Managing Trustee, PSG & Sons' Charities

PATRONS

Dr. J. S. Bhuvaneshwaran - Director PSG SSH
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Mr. V. Jaganathan - General Manager Administration
Dr. R. Karthikeyan - Medical Director PSG IMS&R

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PSG WELCOMES...



Dr. Naveen
Associate Professor - Neurology



Dr. Reshmi Harikumar Pillai
Assistant Professor - Hematology



Dr. Vishnuraj
Assistant Professor
Interventional Radiology



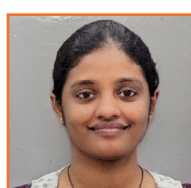
Dr. Jagapriya
Senior Resident - Anatomy



Dr. S. Ramkumar
Casualty Medical officer



Dr. Thilak
Consultant - Urologist



Dr. Bavani
Consultant - Molecular Pathology



Ms. Oviya
Tutor - Radiology and Imaging
Technology



Ms. Rakshana
Tutor - Respiratory technology



Dr. Vidhya R. Shenoy
Senior Resident - Community
Medicine (Karadivavi RHC)

NURSING



PSG Hospitals, in collaboration with Coimbatore Cancer Foundation and Pallium India, successfully conducted a **one day workshop for nurses** who had completed the **Faculty Development Program in Palliative Care**



PSG IMS & R conducted a three-day KAP session on **Oral Rehydration Solution (ORS) for nurses**. 317 staff nurses participated. Practical demonstrations by nurses in the Pediatric OPD reinforced correct ORS preparation and administration.



Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training was organized by PSG IMS&R on 24th July 2026 as part of the **National BLS & CPR Day Celebration**. Six members of the Rapid Response Team (RRT) served as trainers, providing CPR education and hands-on training to school students and staff nurses.



A Guest Lecture on **“Clinical Judgement Model – Think Like a Nurse, Act Like a Nurse”** was organized by the Department of Child Health Nursing, PSG College of Nursing, Coimbatore, on 21st July 2026 at the B Block Auditorium. A total of 148 Nursing personnel attended the programme.



PSG Hospitals secured the **2nd Position in the 4th ICC National Nursing Excellence Awards** under the category Best Hospital in Nursing Excellence – Western Zone, Southern India. The award ceremony was held on 11 July 2026 at The Park, Hyderabad, organized by the **Indian Chamber of Commerce (ICC)** in association with CAHO.



The Department of Nursing Services, **PSG Hospitals**, successfully renewed its **NABH Nursing Excellence Accreditation** for the period from 22 September 2026 to 21 September 2028. The assessment was conducted as per the 2nd Edition of the NABH Nursing Excellence Standards, which comprises 7 chapters and 300 standards. The successful renewal reflects the Department of Nursing Services' continued commitment to maintaining high standards of nursing practice, patient safety, quality care, professional competency, and continuous improvement.



The Department of Nursing Service, PSG Hospitals, organized **The World Breastfeeding Week Celebration** from 1st August to 7th August 2026 with the objective of promoting awareness, knowledge, and practical skills related to breastfeeding among mothers, families, and healthcare professionals.



As part of the **PSG & Sons' Charities Centenary Lecture Series – 4**, a lecture on **“Current Perspectives in Cervical Cancer”** was conducted on 20th August 2026. The session was delivered by Dr. Rita Kamal Lakhani, with 53 staff members from the Department of Nursing Service participating.



The Trained Nurses' Association of India (TNAI), Tamil Nadu State Branch organized a workshop on **“Advancing Excellence in Infusion Practice”** on 1st September 2026 at PSG Hospitals, with 8 CNE credit hours awarded by TNNMC. Dr. Anuratha M.D., Chairperson – Nursing Services, TNAI Tamil Nadu State Branch, played a key role in the planning, coordination and successful conduct of the workshop.



An Inspiring Session on **“Healing with Heart: Emotional Intelligence in Nursing Practice”** was organized by PSG Hospitals. A total of 147 staff members from the Department of Nursing Service participated in the session. The session was **facilitated by Mr. Sivakumar Bellan**, Founder, Simple and Smart Solutions.



Dr. Anuratha, M.D., Nursing Superintendent, was the Resource person and discussed Innovative, learner-centred approaches to assessing clinical competence in the National Conference on **“A Century of Caring, A Future of Excellence: Transforming Nursing Education for Tomorrow,”** organized by PSG College of Nursing, Coimbatore, on 21 August 2026.

PSG College of Nursing organized a **National Level Conference** on **“Caring Beyond Boundaries: Nursing the Whole Person in Transgender Healthcare”** on 15th September 2026 at PSG IMS&R Auditorium. A total of 315 nursing personnel from the Department of Nursing Services, PSG Hospitals participated as delegates in the National Conference.

DIETARY



18 July 2026

Current Trends & Future Directions, Organized by dept of clinical nutrition, KG Hospitals, Coimbatore, The Residency Towers.

Speaker - Dr. V. Kavitha

Participants: Mrs. B. Divya, Mrs. U. Karthika, Mrs. C. Hemalatha, Mr. Naveenkumar, Mrs Sundarilakshmi, Ms Mekhana & Mrs Ponshanmuga Priya



29 July 2026

FOSTAC – Advanced Catering Course at PSG College of Arts and Science

Participants: Dietary Department: Mrs. B. Divya, Mrs. T. Indhumathi, Mr.J. Vignesh, & Mr. P. Pandiyarasu

PSG Cafeteria: Mr. N. Paramesh & Mr. A. Shankar

Student Mess: Mr. R. Jayabal, & Mr. S. Sivaraj



03 August 2026

World Breastfeeding Week 2026 – Poster Competition

Organized by: PSG College of Nursing

Judge: Dr. V. Kavitha, Chief Dietitian



04 August 2026

Bone & Joint Day 2026 – Awareness Session

Prevent Osteoporosis Before the First Fracture, Sri Eshwar College of Engineering, Coimbatore

Mr. Karthik M., Dietitian



5TH –8TH September 2026

48th ESPEN Congress on Clinical Nutrition & Metabolism at Estrel Congress Center, Berlin, Germany

Attended by - Dr. V. Kavitha, Chief Dietitian



6 August 2026

Breastfeeding Awareness Programme

“Proper Breastfeeding Practices and Maternal Nutrition”
Delivered a breastfeeding awareness talk and served as a judge for the cooking competition

Mrs. B. Divya, Senior Dietitian PSG Rural health center, Vedapatti



12 August 2026

World Breastfeeding Week 2026 – Expert Talk

“Nourishing Two Lives: Nutrition from Pregnancy to Lactation”

Mrs. U. Karthika, Senior Dietitian,

Organized by: Department of Nutrition and Dietetics, K.S.R. College of Arts and Science for Women, in association with Doris Calloway Club Tiruchengode



7 August 2026

DECON 2026 – 12th International Diabetes and Endocrine Conference at Le Méridien, Coimbatore
Mrs. B. Divya, Mrs. U. Karthika & Mrs. C. Hemalatha, Senior Dietitians



19 August 2026

Guest Lecture – Induction Programme
Speaker: Dr. V. Kavitha, Chief Dietitian
Department: Instrumentation and Control Engineering
Venue: PSG College of Technology, Coimbatore



16 August 2026

Guest lecture on Healthy Aging
Dr. Kavitha, Chief Dietitian
Organized by: PSG Tech Alumni Association of 1969 Batch, PSG College of Technology



21 August 2026

CAHO-Compass Round Table – Hyderabad
Topic: “How Nutrition Quietly Shapes Patient Outcomes, Clinical Retention & Hospital Performance”
Speaker: Dr. Kavitha V
Organized by: Compass, in association with CAHO



NATIONAL NUTRITION MONTH 2026

Theme: “Discover the Power of Nutrition”

Nourish Today for a Brighter Tomorrow

Eat Well
Live Well
Be Well

Department of Dietetics
PSG Hospitals

Good Food
Good Mood
Brighter Days

Healthy Families
Healthier Tomorrows

Take care
of yourself
to care for others

Objectives

- Inculcate healthy eating habits among staff
- Educate staff about balanced diet and food groups
- Promote creativity through fun-based learning activities
- Involve faculty and the community in nutritional awareness

My Plate

Balanced • Wholesome • Sustainable

1/2 PLATE Fruits and Vegetables

- Variety of colourful fruits and vegetables
- Include raw and cooked options
- Rich in vitamins, minerals, fibre and antioxidants
- Choose seasonal and local produce

1/4 PLATE Whole Grains

- Choose whole grains like traditional rice, millets (ragi, kambu, thinal, etc.), whole wheat, oats, quinoa, etc.
- Prefer unpolished and minimally processed grains

1/4 PLATE Pulses and Legumes

- Include a variety of pulses and legumes – dal, beans, lentils, chana, rajma, moong, etc.
- Rich in protein, fibre, vitamins and minerals
- Choose plant-based proteins

WATER

Main beverage

- Drink 6-8 glasses per day
- Avoid sugary drinks, packaged juices and soft drinks

CURD / MILK

(As appropriate)

- Choose low fat curd, milk or fortified plant-based alternatives

Nutrition in Everyday Life

- Choose whole and minimally processed foods
- Include a variety of vegetables and fruits
- Make pulses, nuts and seeds regular choices
- Choose whole grains and traditional foods
- Limit excess salt, sugar and unhealthy fats
- Stay physically active and well hydrated

From the Department of Dietetics

As healthcare professionals, we care for others every day. Let us also make time to care for ourselves. Healthy eating does not require perfection—small, consistent choices can make a meaningful difference to our health.

We are here to support you on your wellness journey!

Eat the colours of nature!

WATER

Main beverage

- Drink 6-8 glasses per day
- Avoid sugary drinks, packaged juices and soft drinks

CURD / MILK

(As appropriate)

- Choose low fat curd, milk or fortified plant-based alternatives

Small Changes A Healthier Tomorrow

Use minimal oil

Limit salt

Avoid added sugar

Avoid ultra-processed foods

No deep fried foods

Choose traditional, local and seasonal foods

A healthy plate today for a brighter tomorrow!

WELLNESS WHISPER

“Your health is also part of the care you provide.”

Discover the power of nutrition. Nourish yourself today for a healthier tomorrow.

Good Food Today for a Healthier Tomorrow

HEALTHY STAFF

HAPPIER WORKPLACE

STRONGER PSG

NUTRITION | WELLBEING | TOGETHER

Eat Well | Feel Good | Do More

PSG Hospitals has been awarded the NABH APEX Best Practice performance award 2026 at the NABH Patient Safety Conference held in Delhi

World Physiotherapy Day celebration



Hospital Counselling Center



Outreach Program: Sujitha R., Hospital Counsellor, went as an invited speaker for a Radio Talk on '**Drug Awareness: Hazards and Psychological Impact**' at All India Radio FM, Coimbatore on 13.06.26



Skill Development Program (Module VII): Hospital Counselling Center has started a new module on '**Effective Communication in the Workplace: Listen, Connect, Support**' for Paramedical Professionals: Radiographers, Pharmacists, Clinical Assistants and Physiotherapist for improving communication skills. Total No of sessions conducted: 7



Palanipushpam P., Hospital Counsellor. presented two Modules, on '**Basic Assessment of Dementia**' and '**Management of Dementia- I**' as part of the 'Dementia Orientation Program for Physiotherapists' organized by the Department of Geriatric Medicine, on 28.06.26.



Samridhhi S. and Bavithra T., Hospital Counsellor, invited as a Guest Speaker for the employees of **ESIC Sub-Regional Office, Ramanathapuram, Coimbatore.** Topic: Stress Management for Personal Wellbeing.



As a part of **ENWOS (Enhancement of Wellbeing of Staff)** Sandhya M., Hospital Counsellor conducted a session on '**Workplace Stress: Understanding and Management**' for the staff of IT professionals in the IT department, Basement, A-Block, PSG Hospitals.



Palani Pushpam P., Hospital Counsellor gave orientation on '**Role of a Psychologist in Hospital Setting**' for **1st year MSW students** of PSGR Krishnammal College for Women, at B – Block, PSG Hospitals on 10th September 2026



Suicide Prevention Awareness Program: HCC observed Suicide Prevention Day 2026 by displaying awareness posters, conducted Group therapy session for Patients, patient attenders and organized 'Voices of Hope' where Patients, patient attenders and staffs were asked to write messages on "Words that give me hope" to spread awareness on Suicide Prevention.

HR Recreations...

27 JUNE 2026



25 JULY 2026



29 AUGUST 2026



HR Promotion



**Dr. Ashwini
Rajendrababhu**
Promoted as Assistant
Professor of Radiology



Dr. R Jayasree
Promoted as Assistant
Professor Anesthesiology



Dr. Anjali T
Promoted as
Assistant Professor of
Radiation Oncology



Dr. Nidharshana K R
Promoted as Assistant
Professor of Paediatrics



**Dr. Siddharth
Chidambaram -**
Promoted as Assistant
Professor of
General Surgery



Dr. Ruveka V, MD
Pathology, Promoted
as Assistant Professor,
Department of Pathology



Dr. Sukanathan
Promoted as Associate
professor in the
community medicine



Mrs. Jesika Mary
Promoted as
Assistant Professor



Congratulations and appreciations to our honest Security Guards, Mr. Nagaraj and Mrs. Krishnaveni, for their good and responsible act. **They honestly handed over the patient's valuables, including 12 grams of gold jewellery, diamond bracelets, and cash of ₹30,000/-, to the security office.** We sincerely appreciate their honesty and responsibility. Their honesty and responsibility are truly appreciated and set a good example for everyone

**Congratulations to Mr. Nagaraj and
Mrs. Krishnaveni**

HR Training Programs



Dr. Saravana Kumar Associate Professor & RSO has delivered a talk on **"Cellphone Radiation Why everyone should know"**
04 Jul 26



Code white practical demonstration session by security guards



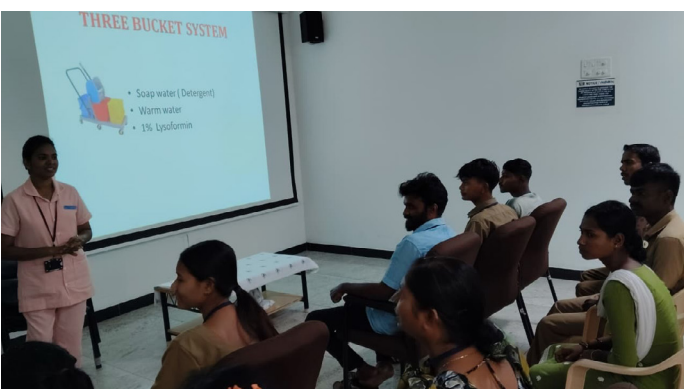
BLS training program for House keeping workers



Yoga session for employee by **Dr. Subhashini**

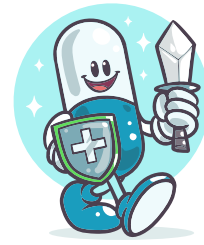


2 Yoga session for Dialysis staff by **Dr. Anubama**



Bio Medical waste Management training session for Housekeeping staff

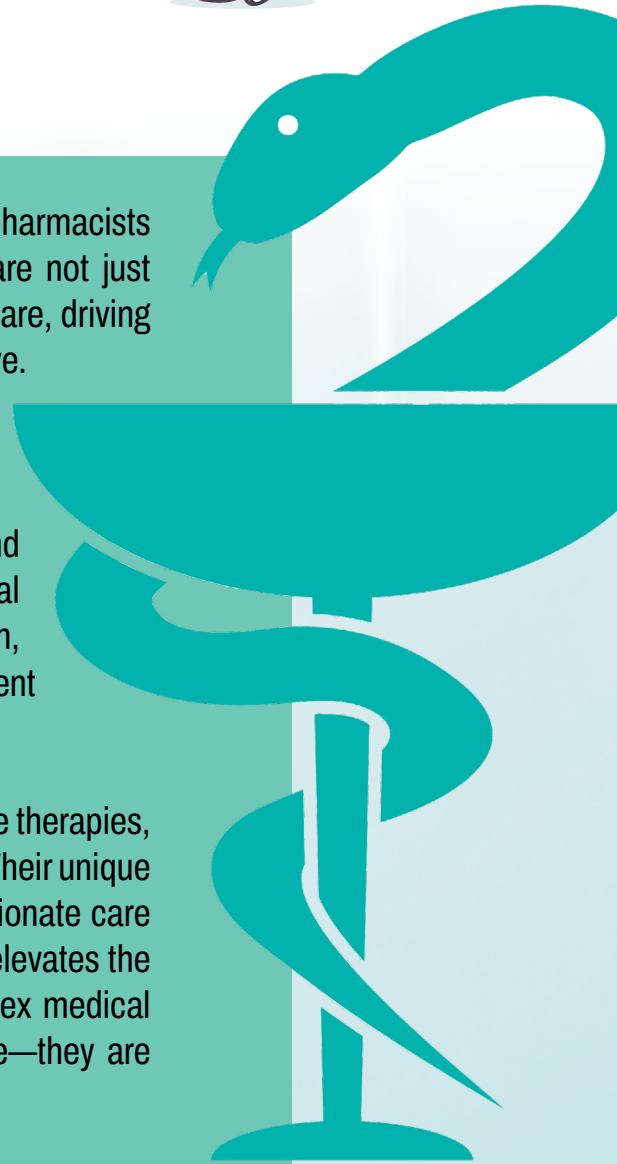
The Evolving Role of PSG Clinical Pharmacists in Medical Specialties



The landscape of healthcare is transforming, and clinical pharmacists are at the forefront of this evolution. Clinical pharmacists are not just custodians of medicines—they are trusted partners in patient care, driving safer therapies and a healthier future for every patient they serve.

Across medical specialties, clinical pharmacists identify and resolve medication-related problems, prevent adverse drug events, tailor drug therapy to individual patient needs, and promote the rational use of medicines. They also play pivotal roles in antimicrobial stewardship, medication reconciliation, formulary management, drug dilution, pharmacovigilance, patient education, and clinical research.

As healthcare embraces personalized medicine and innovative therapies, the contribution of clinical pharmacists continues to expand. Their unique blend of scientific expertise, clinical judgment, and compassionate care enhances treatment outcomes, improves patient safety, and elevates the overall quality of healthcare. In an era of increasingly complex medical care, clinical pharmacists are not just supporting healthcare—they are shaping its future.



Team of PSG Clinical Pharmacists



PSG Urban Health Training Centre (UHTC)

Overview Located on Pioneer Mill Road, Peelamedu, PSG UHTC operates under the Department of Community Medicine at PSGIMSR. It serves a population of ~50,000 across all age groups with affordable, holistic primary healthcare aligned with Sustainable Development Goals.

Key Services & Activities

- * **Patient Care:** Outpatient consultations, treatment, and referral management to PSG Hospitals for advanced care.
- * **Diagnostics:** Subsidized biochemical lab tests and ECG services.
- * **Counseling:** Lifestyle modification and behavioral change guidance.
- * **Outreach Programs:** Health awareness sessions and comprehensive screening camps for schools, colleges, workplaces, and communities.
- * **Adolescent Life Skills:** Structured training programs empowering youth to navigate health and social challenges.
- * **Observances:** Active community participation during national and international health days.

Multidisciplinary Team Family physicians, lady medical officers, public health nurses, nursing staff, medical social workers, and lab technicians.

Academic & Research Hub Provides field training and health screening exposure for medical, post-graduate, nursing, pharmacy, and social work students. The centre actively conducts public health research published in reputed journals.

Environmental Initiatives Promotes community health through waste composting models, tree planting, and environmental health sensitization.



Dr. Sudha Ramalingam
HOD - Professor-Community Medicine
Director - Research & Innovations



Oncology

Celebrating GLOBAL RESEARCH EXCELLENCE

We are delighted to congratulate our distinguished faculty members for being recognized among the



Recognition and Service Excellence of Dr. K. S. Rajkumar

Dr. K. S. Rajkumar, Professor of Surgical Oncology and Medical Superintendent of PSG Institute of Oncology, has been recognized among the **World's Top 5% Scientists by SciRank Global 2026**. This prestigious recognition highlights his outstanding contributions to cancer research, academic excellence, and scientific advancement at the global level.

In another significant achievement, Dr. K. S. Rajkumar was honoured with the Service to the Community Award by the Indian Medical Association (IMA), Coimbatore Branch. The award recognizes his unwavering dedication to serving the community, promoting better healthcare, and making a meaningful difference in the lives of patients and society.



Ms. Bakiyalakshmi and Ms.Nagarani Achieves Highest Score at PHOCME 2026

Ms. Bakiyalakshmi And Ms.Nagarani , Staff Nurse in the Pediatric Oncology Ward, participated in PHOCME 2026 – The 11th Midterm Pediatric Hematology and Oncology CME, held from 17th to 19th July 2026 at Meenakshi Mission Hospital and Research Centre, Madurai.



TNASICON 2026

TNASICON 2026, the 49th Annual Conference of the Tamil Nadu State Chapter of the Association of Surgeons of India (ASI), was organized from August 6 to 9, 2026, at the PSG Institute of Medical Sciences & Research (PSG Hospitals) in Coimbatore.



“PSG MED Talks” Conducted on August 22, 2026, at A-Block Seminar Hall (3rd Floor). Dr. Sree Devi, Director of the Coimbatore Cancer Foundation, & **Dr. Reshmi Harikumar Pillai, Consultant in Clinical Hematology**, delivered an insightful talks. The event was **moderated by Dr. KS Rajkumar**, Medical Superintendent at the PSG Institute of Oncology

PSG Institute of Oncology
Peelamedu, Coimbatore

Pink October
comes early in September
Special Screening Offer
Mammogram & HPV Test - ₹500 only
Offer closes on 30th September 2026
Register Now

SCAN TO REGISTER

100 Registrations only

Contact: 9894759934
WhatsApp Message Only

Celebrations & Events



Inauguration of Mobile Mammography bus
"MAMMO FOR MOM" on 21 Aug 2026



The **World Organ Donation Week Celebration 2026** was successfully completed at PSG Hospitals with expert talks, prize distribution, organ donor felicitation and the Organ Donor Pledge.



National Doctors Day Celebration on July 01 2026



The Infection prevention Control Team successfully conducted the **World Hepatitis Day Awareness Program** with active participation from the staff.



Dr. Shubashini during **International Day of Yoga 2026** celebrations the Department of Naturopathy & Yoga organized a Mass Meditation Program This was followed by **Dr.P.Maria Fortuna (Assistant Professor, Physiology Dept, PSG IMSR)** who explained the physiological effects of meditation on the brain and the body

News & Talents



Inauguration of **CMMT Lab** on 13 July 2026



Dr. A. K. Mohanthi, Chairman, Department of Atomic Energy (DAE) visited PSG Institute of Oncology



Department of neurology inaugurated **Neuro Electrophysiology & TCD Lab**



National BLS & CPR day workshop conducted by IAP for school students at PSG IMSR



Inauguration of '**B**' Block New Audiology Room - 13 July 26



Wellness Whispers **Contents Contributors Meet** for June-2026 Edition

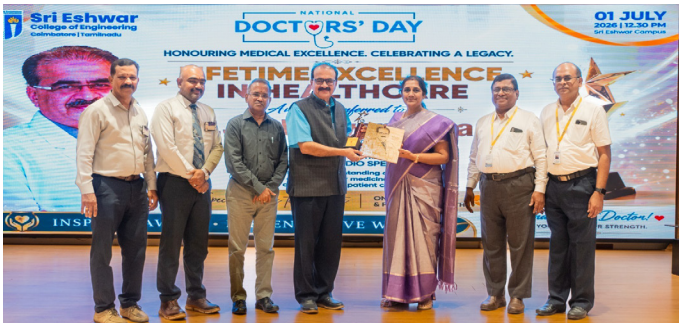


Mime awareness performance by PMR Team during WW Contents contributors meet - 04 Jul 26



NABH reaccreditation received based on 6th Edition standards

Appreciations



Dr. J. S. Bhuvaneswaran receives **Lifetime Excellence in Healthcare Award** - 01 Jul 26



IMA Coimbatore presented the **Service to the Community Award** to our PSG Doctors



Mr. Arun has been honored with The **Tribal Healthcare Excellence Award** by the Govt of Tamil Nadu, Forest Department, Nilgiris



Special appreciation given to the nursing performers for their **excellent activity during July recreation event** by Manager personnel

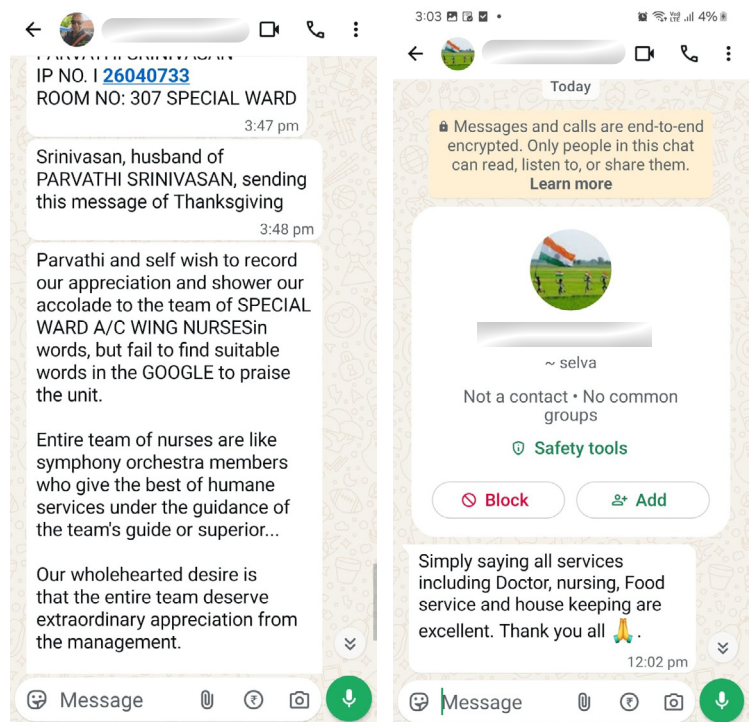
Patient Appreciations..



PMR Staff have been awarded by Manager Personnel for their **Barathanathiyam performance** during Jun_26 HR recreation event



Hounoured **Best performance of HR Recreation** programs during content contributors meet July 2026



Staff Participation



Dr. Saravanakumar Associate professor Medical Physics standing in front of his presentation displayed in a conference at Canada



PSG Admin staff at AHPICON conference (AHPICON 2026) at Chennai



A health awareness talk on the topic "Modern and Healthy Lifestyle Practices for Students: A Physiotherapist's Perspective" for Womens of Vellalar College , Thindal, Erode on 19.06.2026 by Mrs. Sumathi. G, MPT (OBG), Senior Physiotherapist, Sukanya Women's Rehabilitation Center & Ms Gopika Physiotherapist Department of PMR



Mrs. Sumathi. G Senior Physiotherapist, Ms. Gayathri. S & Ms. Gopika Velu Physiotherapist from the Department of PMR attended the workshop on "Ultrasound Guided Assessment and Rehabilitation of Pelvic Floor Dysfunction" held on 8th August 2026 at JSS College of Physiotherapy, Mysuru. The workshop provided valuable insights into ultrasound-guided pelvic floor assessment and rehabilitation, enhancing their knowledge and clinical skills in pelvic floor Rehabilitation.



Breastfeeding awareness session at PSG CAS by Mrs. K. S. Sukunya & Mrs. V. N. Tharane Lactation Counsellors PSG Hospitals on 5th August 2026



Mrs. Deepa - Senior Electro Neurothechnologist attended The National Neurosonology Midterm Meeting provided hands-on training to enhance practical skills in ultrasound-based neurological investigations. Attendees mastered core protocols for Transcranial Doppler (TCD), carotid, vertebral, and extracranial vascular ultrasound. Practical guidance covered proper patient positioning, acoustic window selection, waveform acquisition, and flow pattern interpretation. Advanced topics included emboli monitoring, PFO assessment, and cerebral blood-flow monitoring for neurocritical care.



PSG Radiographers..

The PSG Radiology Department is equipped with state-of-the-art **Digital Radiography (DR)** systems from Fujifilm, Samsung, Agfa, and **GE Healthcare**. These advanced platforms deliver high-quality diagnostic imaging with optimized radiation doses and rapid image acquisition. **Supported by sophisticated image processing and seamless PACS integration**, the department provides a comprehensive range of radiographic examinations that ensure timely, accurate diagnoses. Beyond general Digital Radiography, the department offers specialized services, including **Orthopantomography (OPG)** for detailed

dental and maxillofacial evaluation, as well as **Bone Mineral Density (BMD)** assessment for the early detection and management of **osteoporosis**. These targeted services enhance clinical decision-making and support proactive, preventive healthcare. Driven by experienced radiologists, dedicated radiographers, and cutting-edge technology, the PSG Radiology Department is committed to delivering safe, precise, and patient-centered imaging. Through continuous innovation and clinical excellence, we remain a trusted partner to clinicians and a reliable healthcare resource for our community.

Role of Neuro Technologists in PSG Hospitals

At PSG Hospitals, Neuro Technologists play an integral role in the diagnosis and management of neurological disorders. Working closely with neurologists, they perform specialized neurodiagnostic procedures that assess the brain, spinal cord, peripheral nerves, muscles, autonomic nervous system, and cerebral blood flow. Their accurate and reliable investigations support timely diagnosis, effective treatment, and improved patient care.

EEG & Video EEG

EEG and Video EEG record brain electrical activity using the International 10–20 system and support the evaluation of epilepsy, seizures, sleep disorders, and encephalopathies. Video EEG helps correlate clinical events with brain activity and guides treatment planning.

NCS, EMG, Evoked Potentials & Autonomic Tests

NCS and EMG evaluate peripheral nerves and muscles, aiding the diagnosis of neuropathies, nerve injuries, muscle disorders, and neuromuscular junction disorders. VEP, BAEP, and SSEP assess sensory pathways, while RNS and autonomic tests such as SSR and R-R Interval Variation provide further functional assessment.

Transcranial Doppler (TCD)

TCD evaluates cerebral blood flow and supports the assessment of stroke, vasospasm, and intracranial stenosis. TCD Bubble Study helps detect Patent Foramen Ovale (PFO) and right-to-left shunts.

Gait Analysis

Gait Analysis evaluates walking pattern, balance, and posture, supporting diagnosis and rehabilitation planning in conditions such as Parkinson's disease, stroke, cerebral palsy, and NPH.



At PSG Hospitals, Neuro Technologists remain committed to continuous learning, advanced technologies, and evidence-based neurodiagnostic practices, contributing to excellence in neurological care.



Mr. Parthiban Alagappan, Senior Physiotherapist Grade-I, Department of Physical Medicine and Rehabilitation, was invited as a chief guest for the **World Physiotherapy Day Celebration** organized by the **United College of Physiotherapy**, Coimbatore, on 08.09.2026.



Senior Physiotherapists Mr. Parthiban Alagappan, Mr. Ashok. R., and Mrs. Aarthi. S from the Department PMR participated in a two-day Faculty Development Programme on **“Assessment of Competency in Physiotherapy Education”** in Coimbatore on 3rd and 4th June 2026. The programme, led by Prof. Dr. Narasimman Swaminathan, PhD, MPT, FAIMER Fellow, provided valuable insights into contemporary educational assessment methodologies.



Mrs. Ashwini. R., attended **“Pelvic Floor Rehab”** - two days hands-on workshop by Dr. Sunita Patel (PT), Pelvicare – Women’s Health Physiotherapy, organized by Back and Spine Clinic at Jani Medical and Spine Center, Coimbatore



Mrs. Sumathi G, Senior Physiotherapist, Sukanya Womens Rehab 360°, Department of PMR, successfully completed and received certification as a **“Certified Antenatal Postnatal Exercise Specialist” (CAPES)** following the course held on 12th and 13th September 2026 in Coimbatore.



Mr. Parthiban. A, MPT (Neurology), Senior Physiotherapist Department of PMR was invited as the Resource Person for a 4 day workshop on **“Neruomuscular Facilitation for Functional Movement”**, for the Physiotherapy students at PPG College of Physiotherapy, Coimbatore on 16, 17, 22, 23 June, 2026.



The **“SLIM” Program** at PSG Hospitals was conducted as a 12-week wellness initiative aimed at promoting a healthy and active lifestyle. The program was conducted every Saturday from 4:00 PM to 5:00 PM at the A Block – III Floor, Seminar Hall, PSG Hospitals.

If Mr Pillai had a heart attack in 1950...

No modern diagnostics. No stenting. No clot busters. No bypass surgery.
Bed rest, limited activity, supportive care — and hope.

Mr Pillai, 56, is wheeled in with severe chest pain, sweating and fear...

MEDICAL WARD
(QUIET PLEASE)

NURSING STATION

Kept quiet and away from unnecessary activity

Why is he being kept so quiet? Can we sit with him?

It is for his rest. He must not be disturbed. Visitors are limited.

OCTOBER 1950

MANAGEMENT OF HEART ATTACK IN THE 1950s

WHAT WAS NOT AVAILABLE IN 1950?

✗ No modern monitoring system

✗ No stenting



✗ No biomarkers (troponins)

✗ No clot busters (thrombolysis)

✗ No bypass surgery

✗ No loading dose (of antiplatelets or anticoagulants)

✗ No modern defibrillation/CPR systems

WHAT TREATMENT WAS GIVEN?

• Strict bed rest for 4-6 weeks (the standard approach of the day).

• Pain relief (morphine) and oxygen (in selected patients).

• Nitrates for pain relief were used selectively and were controversial at the time.

• Limited use of anticoagulation (heparin/warfarin in some cases for preventing complications). No routine antiplatelet therapy (as we know it today).

• Supportive care – fluids, nutrition, monitoring (very limited).

Isolation, rest, time... and hope.

WHY WAS IT DONE THIS WAY?

• It was believed that the heart must be kept at absolute rest to heal.

• Any excitement, talking, stress or movement was thought to increase the workload of the heart and could be dangerous.

• Visitors, radio, newspapers and even turning in bed could agitate the patient.

• Eating was given whether the patient wanted it or not, so that he would not "waste" energy.

• Constipation and discomfort were accepted as part of treatment.

• Doctors had few tools to limit the damage – only rest, supportive care, time and hope.

This bed is killing me... I am losing interest in living.

Mr Pillai

- A week into strict bed rest, he is restless, anxious and deeply depressed.
- He pleads with the doctor to let him get out of bed.
- Two weeks before Diwali, he asks.

"Will I be able to go home for Diwali?"

The doctor's abrupt answer:

"Your heart attack is very serious. You'll be lucky to be home for Diwali."

Mr Pillai shudders, closes his eyes... and dies.

At the time, there was no cardiovascular resuscitation, CPR or defibrillation. The doctor walks away saying, "I was right about this prognosis."

Why this 'rest cure' approach?

- ✓ Based on the belief: "Rest the diseased heart." (like a fractured leg in a cast.)
- ✓ During lying down, heart rate and blood pressure fall → less oxygen demand → less work for the heart.
- ✓ So heart rest was equated with bed rest.
- ✓ But the price was high: Immobility, clots, infections, depression and loss of dignity.

The outcome in 1950

- Death rates following heart attacks were very high.
- Many died from complications – heart failure and pulmonary embolism.

Follow page 21 to see how heart-attack care changed between 1950 and 2026 – and what still needs to be done...

Marketing



Date: 21.06.2026

Venue: Sivagiri, Erode, T.N

Event: 4th Edition Sivagiri Marathon

PSG Hospitals Served as the medical partner for the 4th Edition of the Sivagiri Marathon, providing medical support for more than 600 participants.



Date: 16.07.2026

Venue: Craigmere Estate, Coonoor, The Nilgiris

Event: Paediatric health Camp @ their Creche & their Schools

Paediatric health camp conducted to provide essential healthcare services for children in the estate community.



Date: 04.07.2026

Venue: B Block Auditorium

Event: Inauguration of Coimbatore's 1st Comprehensive Fertility Centre (Fertility 360°)

Inauguration of Coimbatore's first comprehensive fertility centre (Fertility 360°), marking an important milestone in advanced fertility care.



Date: 01.08.2026

Venue: Theppakadu, Mudumalai, The Nilgiris

Event: General Health Camp for Tribal community & Forest Dept Staffs & Family

General medical camp conducted in coordination with the Tamil Nadu Journalists Association & TamilNadu Forest Department to provide healthcare services to the local community.



Date: 08.07.2026

Venue: Rently Software, Rathinam Tech Zone, Eachanari

Event: Corporate Health Camp

Comprehensive health screening conducted for employees as part of corporate wellness and preventive healthcare.



Date: 06.08.2026

Venue: Thamarai Foods Corporate Office

Event: Bone & Joint Day Awareness Talk & Programme

Awareness programme on bone and joint health, attended by the Managing Director and employees of Thamarai Foods.



Date: 17.08.2026

Venue: Paviesh Park, Bhavani, Erode

Event: General Health Camp during the Annual General Body Meeting
General health camp organised for members of the Tamil Nadu Hotel Association, promoting preventive healthcare and wellness.



Date: 22.08.2026

Venue: Central Prison, Coimbatore

Event: General Health Camp

General medical camp conducted to provide essential healthcare services and medical assessment for inmates.



Date: 17.08.2026

Venue: Sai Yasodhamma Arogya Nilayam, Hubbathalai, Coonoor

Event: Ophthalmologic screening camp

PSG Hospitals conducted opthal camp associated with Sri sathiya sai maruthi charitable trust, for the wellness of the tribal community

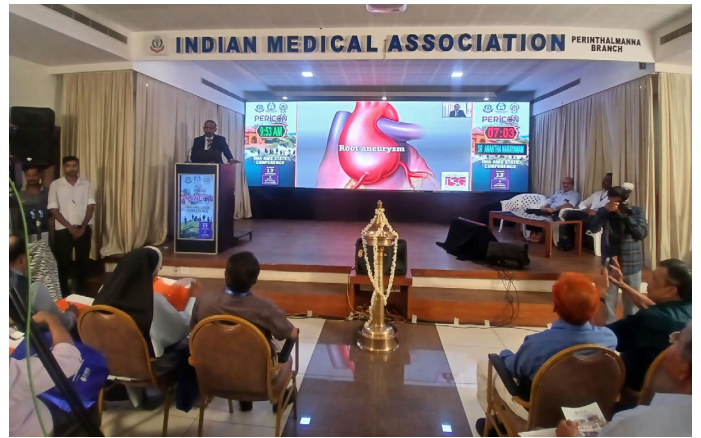


Date: 20.08.2026

Venue: Mallaikavundampalayam, Karadivavi Village

Event: Community Health Outreach Programme

Community healthcare outreach conducted by Dr. G. Rajendran, Dr. Suvetha and medical teams, along with doctors and teams from Tamil Nadu Agricultural University.



Date: 12.09.2026

Venue: IMA Hall, Perinthalmanna, Kerala

Event: IMA CME Programme for Doctors

Dr. C. Ananthanarayanan, CTVS, along with his team, participated in the CME programme organised by the Indian Medical Association, Perinthalmanna.

The programme provided an academic platform for doctors to engage in knowledge sharing and clinical learning.



Date: 23.09.2026

Venue: PSG Hospitals, A Block 4th floor

Event: Inaguration of Integrated Medicine Department

PSG Hospitals, has launched a dedicated Integrated Medicine Facility in collaboration with The Arya Vaidya Pharmacy (Coimbatore) Limited (AVP). AVP Bring Modern Medicine, Ayurveda and Yoga Under One Integrated Care Model

Visually impair and physically challenged employees of PSG trained from Cheshire Homes with their employment confirmation orders



Honouring our house keeping staff
Mr. Tapan for honestly handing over an
amount of Rs.50000 patients money to
the security office

Suraksha Ward Nursing Assistant,
Ms. Maheswari, who handed over a
12-gram gold chain to the Security
Department



79th Independence day celebration at PSG Hospitals



Email your news and events to staffnewsletter@psgimsr.ac.in